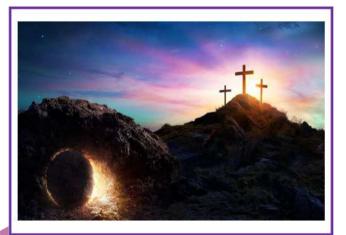
Issue 27 Thurs 1st April 2021



HOLY FAMILY CATHOLIC SCHOOL NEWSLETTER







EASTER - HE IS RISEN!

STRAVA See details on page 31 Have you downloaded the Strava app yet ready of our Easter Virtual Pilgrimage?

@HFCSWaltham

www.holyfamily.waltham.sch.uk



HEADTEACHER'S MESSAGE

Quotation of the week

"Start by doing what's necessary, then do what's possible and suddenly you are doing the impossible" St Francis of Assisi

Holy Week

Today is Maundy Thursday and this evening we have the Mass of the Lord's Supper when Jesus washed the feet of his disciples and gave us the example of Christian service to others. At the Last Supper Jesus understood what was ahead of him and shared the bread and wine with his disciples, an act we commemorate each time we take part in the Mass.

We teach this value of service to others in our school every day and we seek to model it in our work. Thanks to all that our amazing staff have given to the school community over the past term, a term of both remote and face to face learning. Staff will continue to be in school delivering intervention sessions over the Easter holidays and I am sure you will wish to join me in thanking them and wishing them a happy Easter and some rest and relaxation with friends and family during the coming fortnight.

Easter Eggs for Whipps Cross

In what has become an annual Holy Family tradition staff and students have been donating Easter Eggs for our local hospital. Thanks to all who have donated. Mr Norman will deliver the eggs on our behalf on Good Friday.

Testing for covid

Please continue to carry out the lateral flow tests at home and report the results of these over the Easter period. While cases continue to fall we cannot be complacent and it is really important that we continue to test ourselves regularly.

Virtual pilgrimage

You'll have received a letter informing you about getting active and contributing to the virtual pilgrimage to Santiago de Compostela in Spain (the shrine of St James). The letter included the information about the Strava APp so if you can please get involved and encourage your son/daughter to be active over the holiday period.

Teacher Assessed Grades

Yr 11 and Yr 13 students have been given information about when their tests will be after the Easter period and given some guidance about what to expect and what to focus their revision on. The interventions programme is there to support them with this and it is now important that they take time to revise and prepare as fully as they can for these assessments.

Parents' surgery

Parents' surgery is currently a remote service. If you would like to speak to me please contact the office on either site and they will let me know that you would like me to call you on Thursday afternoon between 4pm and 5pm. You can also email me directly at anytime on <u>a.stone@holyfamily.waltham.sch.uk</u>

Reminder

We return from the Easter break on Monday 19th April at the usual time.

Please continue to remember us in your prayers and have a happy and holy Easter.

With best wishes, Dr Stone Headteacher



EADTEACHER'S M M E N U A T I U This week we have a nomination from Ms Ozpalas and Mr Aziz. They nominate one of their Yr 7 tutor group, Alessia Failla-Mulone in 7l, who went above and beyond with her Easter egg donation. Alessia prepared a very special hamper for the children at Whipps Cross Hospital. Her basket was decorated with mini plastic eggs filled with chocolates, a Gnome toy, an Easter card, and (more) sweets and

chocolates. Well done Alessia and thank you for your generosity!

SOCIAL MEDIA CATCHUP



@HFCSWALTHAM



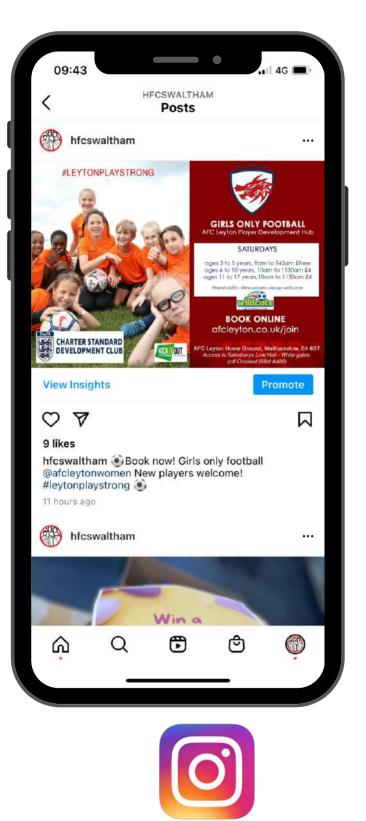
Superb work from the wonderful young people at @HFCSWaltham - if you're up for sponsoring young people taking part in #siLENT for a good cause, there's still time to donate here: justgiving.com/fundraising/ho... @CAFODWestmin @CaritasWestm @RCWestminster @EvangelisationW @DOW_Ed_Service

Holy Family Waltham @HFCSWaltham · 2d Adding up our #siLENT minutes and we're up to 9000 minutes @Million_Minutes #ASPIRE

M

Tweet your reply

Q





Chaplaincy Corner

Welcome to April! Let us hope that the glimpse of summer earlier in the week soon returns.

We are now coming to the end of Holy Week, the most important time for Christians throughout the world.

The summit of the Liturgical Year is the Easter Triduum – from the evening of Holy Thursday to the evening of Easter Sunday. Though chronologically three days, they are liturgically one day unfolding for us the unity of Christ's Paschal Mystery.

On Holy (or Maundy) Thursday we hear of the Last Supper and Christ's arrest that leads to the Crucifixion on Good Friday, through Holy Saturday, the day that Christ's body lay in the tomb. Then on Saturday, at sun down, the Church re-gathers to celebrate the final and most grand moment of the Triduum, the Resurrection of our Lord.



Almighty Father, who sent your only Son Jesus Christ to save us from our sin, show me how I can honour you and bring glory to your name, by walking in the way of Jesus. Give me grace and mercy as I try and fail, guidance when I'm not sure which way to go, and wisdom to trust you in all things. For your love brings light and life to all who seek it. May I seek you evermore as I walk with you through this Holy Week and beyond. Amen.

Now we are settled back in school, Peace Club will commence for Year 7s every Monday lunchtime in the Emmaus Room. This is an informal club with activities, crafts and prayer all centred in friendship.

"I've built stronger friendships and have formed many new relationships right from year 7. The club is a space of comfort and ease" Chloe Contaldo, Year 13 and Head Girl 2020 2021

Wishing you all the blessings of Easter and have a safe holiday. Fay safe, hrs Grierson, Chaplain

Key Dates for Lent 2021

THURSDAY 1ST APRIL - MAUNDY THURSDAY (LAST DAY OF TERM)

FRIDAY 2ND APRIL - GOOD FRIDAY

SATURDAY 3RD APRIL - HOLY SATURDAY

SUNDAY 4TH APRIL - EASTER SUNDAY

MONDAY 5TH APRIL - EASTER MONDAY

MONDAY 19TH APRIL - RETURN TO SCHOOL

Celebrate the resurrection of our Lord!

tappy

EASTER

Easter Egg Collection

An Eggcellent response to our Easter Egg collection! Here are our Year 9 Liturgy Leaders holding just a few of the eggs that will be delivered to Whipps Cross hospital on Good Friday, eggsemplifing that the Holy Family spirit is alive and well.









Donations

Over the lockdown period staff donated many items to share with families who needed them, items such as clothing, bedding, toys and household goods. With the items left over we will be donating these to the Congolese charity called Compassion Aid and is helping to build health centres in the Democratic Republic of Congo. Mr Norman's class have packed up the remaining items ready to go over Easter!

THANKYOU

DONATIONS

Mrs Grierson - Chaplaincy MONDAY LUNCHTIME

Year 7 Peace Club

Emmaus Room



FRIENDSHIP













This week is Autism Awareness Week, which aims to celebrate and raise awareness of those living with autism.

Autism affects how people communicate and interact with the world, but it could be a superpower too! Read more about it by clicking <u>here</u>.

Facts about Autism

- Autism (also known as ASD) is a lifelong developmental disability which affects how people communicate and interact with the world. In the UK, 1 in 100 children are likely to have autism. Boys are nearly 5 times more likely than girls to be diagnosed with autism.

- The term stems from the Greek word autos meaning "self", autism literally means "alone".

 Parents do not and cannot cause autism spectrum disorder. Although the multiple causes of ASD are not known, it is known that parental behavior before, during and after pregnancy does not cause ASD.

-Extensive studies have firmly concluded that there is no link between childhood vaccinations and autism

- If one identical twin has autism spectrum disorder, there is a 60-96% chance the other twin will have some form of ASD.

- Hyperlexia, the ability to read above one's age or grade level in school, commonly accompanies autism spectrum disorder.

- Individuals with autism are great with paying attention to details, being thorough and accurate. The deep knowledge on topics help individuals with autism to be experts in what they do.

- Famous people with autism include Albert Einstein, Sir Anthony Hopkins, Steve Jobs, Daryl Hannah, Greta Thunberg and Dan Aykroyd to name just a few!

House Easter Egg Competition!

This week students have been buying tickets in order to win a giant Easter egg and raise money for charity. Here are the results!

Winner of Giant Egg	Dylan 8E
Rainbow egg	Crystal 8P
Rainbow egg	Raluca 7P
Rainbow egg	Rory 8P
Rainbow egg	Oscar 7S

Lower

Upper

Winner of Giant	Egg Shanel 9R
Rainbow egg	Dylan 9A
Rainbow egg	Hubert 11S
Rainbow egg	Daniella 9A
Rainbow egg	Tony 9S

Which House raised the most money?





Fantastic progress made by year 12 and year 13 art and photography students this week for their final pieces!









Have you seen the new redesign of the Art Corridor and new Classroom Displays? Ms Malcolm designed the corridor and the whole art department painted it. Also thanks to the facilities team who gave the classrooms a much needed lick of white paint. The whole art Department Art Team Mr Madden, Ms

Javaid, Ms Hammond and Ms Malcolm have all chipped in to give the Art Block a flair of creative displays and splashes of shapes colour.

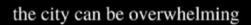


MUSIC

The year 11 Music Production students have been hard at work producing their own songs using Garageband. Scan the QR codes to hear their songs!









AVAILABLE ON SOUNDCLOUD NOW!





https://tsmith2827.wixsite.com/my-site



Dear Year 9

WELL DONE FOR ALL YOUR HARD WORK THIS TERM! YOU HAVE BEEN BRILLIANT! WISHING YOU, YOUR FAMILIES AND FRIENDS A WONDERFUL EASTER! MISS ST AIMIE & MR MCGLYNN

Filipa Andre	Art	Outstanding Artwork
LUAN <mark>Ad</mark> emaj	Art	Outstanding Artwork
Mary Giwa	Art	OUTSTANDING ARTWORK
Nathan Chan	Art	OUTSTANDING ARTWORK
Neli Edreva	Art	Outstanding Artwork
Ana Karakapitanova	Art	Outstanding Artwork
THOMAS MASTERSON	Art	OUTSTANDING ARTWORK
Kezia Tomy Mathew	🔺 Art	Outstanding Artwork
Davishka Mathews <	ART	OUTSTAND <mark>ING</mark> ARTWORK
CHINEDUM ONUNKWO 🚽	ART	OUTSTANDING ARTWORK
Ulyssa Rillera	Art	OUTSTANDING ARTWORK
MARIA SHOTIKARE	Art	OUTSTA <mark>NDING A</mark> RTWORK
CINO JOSE	Art	OUTSTANDING ARTWORK
JANE THEMUDO	Art	OUTSTANDING ARTWORK
Allison Teves	Art	OUTSTANDING ARTWORK
Victoria Chamulak	Art	OUTSTANDING ARTWORK
🛕 GIULIA DISTEFANO	ART	OUTSTANDING ARTWORK
KUDZAISHE MPOFU	Art	OUTSTANDING ARTWORK
Dovydas Simkus 📃	ART	OUTSTANDING ARTWORK
OLIVIER STIEBER	Art	OUTSTANDING ARTWORK
Nyah Theodore	Art	OUTSTANDING ARTWORK
	Ъст	
NICHOLAS RODRIGUES	D & T	FOR A FANTASTIC FIRST LESSON
		BACK IN THE CLASSROOM. GREAT
		EFFORT; KEEP IT UP.
	_	_
JOSIAH DA SILVA	DRAMA	GREAT WORK IN DRAMA
NICHOLAS RODRIGUES	Drama	GREAT WORK IN DRAMA



GERRARD NUAMAH-KUTIN CADEN COOGAN LUAN ADEMAJ ELIEL OKYERE AGYEI KERON MARQUES NEVIN ROYS ENGLISH ENGLISH ENGLISH ENGLISH ENGLISH ENGLISH FANTASTIC EFFORT IN LESSONS AND WELL DONE FOR PARTICIPATING DURING LESSONS! GREAT EFFORT AND IMPROVEMENT IN LESSONS- WELL DONE! HAVING ALL EQUIPMENT LONGEST WORD IN OUR STARTER QUIZ LONGEST WORD IN OUR STARTER QUIZ FIRST TO SOLVE THE PROBLEM IN OUR STARTER QUIZ

ULYSSA RILLERA GEORGI RADULEV JACK ZHENG AARON ZHENG ALLISON TEVES MARY GIWA CHLOE GLANVILLE FORM TUTOR FORM TUTOR FORM TUTOR FORM TUTOR FORM TUTOR FORM TUTOR BRILLIANT LINE UP AND EXCELLENT BEHAVIOUR & ATTITUDE DURING FORM HAVING ALL EQUIPMENT HAVING ALL EQUIPMENT HAVING ALL EQUIPMENT HAVING ALL EQUIPMENT CHLOE IS TRYING EXTREMELY WELL DESPITE THE WIFI ISSUES TO DO THE BEST SHE CAN. WELL DONE, CHLOE!

NEVIN ROYS GEOGRAPHY FOR EXCELLENT WORK ON ADAPTATION SKETCH THARUN YOGATHASAN GEOGRAPHY AND ILLUSTRATION BEING HELPFUL WITHIN THE CLASS

BLEN MENGSTE TRINITY AH-CHUNG GABRIELLA FRANCIS NYAH TH<mark>EODORE</mark>

HISTORY HISTORY HISTORY HISTORY

COMPLETING CHALLENGES IN HISTORY COMPLETING CHALLENGES IN HISTORY COMPLETING CHALLENGES IN HISTORY FOR HER OUTSTANDING WORK ON THE HISTORY OF RACIAL STEREOTYPES.



RACHEL COSTA FRENCH RAMIYAH BAMGBOSE FRENCH NEVIN ROYS FRENCH KELVIN WANG FRENCH **KELVIN WANG** FRENCH EMILIA BIEDROWSKA FRENCH BENITA SEBASTIAN FRENCH SOFIJA GAJAUSKAITE FRENCH MILENA SOKOLOWSKA FRENCH JAKE CHUKWU FRENCH MILENA SOKOLOWSKA FRENCH

OUTSTANDING CONTRIBUTIONS DURING LIVE LESSONS EXCELLENT WORK ON VERBS IN DIFFERENT TENSES OUTSTANDING CONTRIBUTIONS DURING LIVE LESSONS OUTSTANDING CONTRIBUTIONS DURING LIVE LESSONS EXCELLENT WORK ON VERBS IN DIFFERENT TENSES EXCELLENT WORK ON VERBS IN DIFFERENT TENSES EXCELLENT PARTICIPATION IN LESSON.

MARIA FERNANDA POSADA JARAMILLO MARINE KEROWGODAGE DUNÉ STEVENS KAYAINNA TUITT TAHALIA MILLER JANET ADEWOLE MATHSOUTSTANDING WORK IN LESSONSMATHSVERY GOOD WORK IN LESSONS.MATHSVERY GOOD WORK IN LESSONSMATHSGOOD WORK IN LESSONSMATHSGOOD WORK IN LESSONSMATHSOUTSTANDING WORK IN LESSONS

SHANEL BHATTI OTHER

JANE THEMUDO OTHER MARINE KEROWGODAGE OTHER STACY D'SOUZA OTHER JENATIE GANESHARAJAH OTHER GIULIA DISTEFANO OTHER For reading at the Mass for the Feast of the Annunciation. Thank you! For helping to set up for the Year 9 Mass For helping to set up for the Year 9 Mass For helping to set up for the Year 9 Mass For helping to set up for the Year 9 Mass For helping to set up for the Year 9 Mass

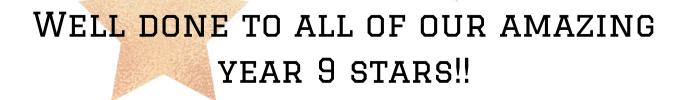


ERIN GALLAGHER	SCIENCE	ERIN HAS COMPLETED ALL WORK TO A HIGH					
	0	STANDARD DURING ONLINE LESSONS LAST WEEK 📥					
Allison <mark>Teve</mark> s	SCIENCE	ALLISON HAS COMPLETED ALL WORK TO A HIGH					
		STANDARD DURING ONLINE LESSONS LAST WEEK					
ARIAN KOSI	SCIENCE	Arian worked very well in Science and					
		COMPLETED ALL WORK TO A HIGH STANDARD					
Josiah Da Silva	SCIENCE	JOSIAH HAS WORKED EXTREMELY WELL DURING					
		ONLINE LESSON					
JULIENNE ÅRCILLAS	SCIENCE	JULIENNE WORKS EXTREMELY HARD IN SCIENCE, SHE					
		CAME SECOND IN THE CLASS QUIZ THAT WAS SET					
WIKTORIA MATEJEK	SCIENCE	WIKTORIA ALWAYS COMPLETES WORK ON TIME AND					
	OUTINOL						
		TO A HIGH STANDARD, SHE ALSO CAME FIRST IN THE					
		CLASS QUIZ THAT WAS SET					
0	0	OLIVIER CONTRIBUTES THROUGHOUT THE LIVE					
OLIVIER STIEBER	SCIENCE	LESSONS AND ACHIEVED H <mark>IGH MARKS</mark> IN THE QUIZ					
		THAT WAS SET					
NERIAH-JANE ORAFU	SCIENCE	NERIAH CONTRIBUTES THROUGHOUT THE LIVE					
		LESSONS, SHE COMPLETES WORK ON TIME AND					
		ACHIEVED HIGH MARKS IN THE QUIZ THAT WAS SET					
Elena O'Brien	SCIENCE	Elena has shown great improvement in					
		SCIENCE, SHE COMPLETES TASK THAT HAVE BEEN SET					
A		AND ALSO DID VERY WELL IN THE CLASS QUIZ					
CHAYAN SINCLAIR	SCIENCE	For BEING ON TARGET AND DOING GOOD WORK.					
DAMAREO BLAKE	SCIENCE						
GLADYS BAYUNDA	SCIENCE	GREAT AFFORD WITH THE TASK GIVEN					
RIKO DYTLOW	OOILINOL	FOR COMPLETING ALL THE WORK SHEET AND BEING					
KIKU DIILUW		POSITIVE					
	00171107	FOR ATTEMPTING HIS WORK AND ASKING FOR HELP.					
HUMPHREY AFRANE	SCIENCE	FOR BEING DEDICATED AND DOING ALL THE GIVEN					
	_	WORK					
Ryan Laba	SCIENCE	For being hardworking					
DANIELA AGUILAR 🔔	SCIENCE	FOR DOING EXCELLENT WORK					
FLORES							
	A States						
A SALAN AND A S							

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Roneta Lauzonyte Almaz Farquhar Martinas Genys Tony Dandoczi Stacy D'Souza Amit Sooraj		FOR WORKING VERY WELL AND SHOWING COMMITMENT AND RESILIENCE IN SPANISH. WELL DONE!
Tomasz Blonski	Spanish	GREAT EFFORT WITH THE CAREERS WORK AND A
Roneta Lauzonyte	Spanish	MUCH IMPROVED EFFORT OVERALL IN SPANISH. MUY BUEN TRABAJO, TOMASZ! FOR EXCELLENT WORK DURING THE CAREERS WEEK AND FOR CONTINUED EFFORT AND GOOD WORK IN SPANISH.
KAMIL NAGORNY MARIA FERNANDA- Posada Jaramillo Tiara Davies	Spanish	OUTSTANDING CONTRIBUTIONS DURING LIVE SPANISH LESSONS FOR BEING RESPONSIBLE AND COMPLETING HER SPANISH CLASS WORK DESPITE THE DIFFICULTIES
STACY D'SOUZA AMIT SOORAJ MARTINAS GENYS TONY DANDOCZI	Spanish	WITH RETURNING TO SCHOOL TO BE TESTED.
DANIELA AGUILAR- Flores Neriah-Jane Orafu	Spanish	EXCELLENT PARTICIPATION IN SPANISH LESSON



The second



WE ASKED YEAR 9 WHAT DOES EASTER MEAN TO THEM ...

ALEESHA LOATES 9S

WHAT IS EASTER TO ME?

Easter is a time I celebrate with my family. We normally would go to my nans house to meet her and meet other family members too. We would give eachother chocolate eggs and catch up. Then my nan would make the most delicious Sunday roast. Sadly we haven't been able to do that for two years now. So instead we are going to call them and I will celebrate with my mum, dad and brother instead. It will definitely be different but the most important thing is that we are celebrating Jesus' life.

A prayer by Giulia Distefano 9<mark>R</mark>

DEAR HEAVENLY FATHER,

You defeated death to show us all that nothing is too much for the lord. If you can overcome this, show us the path that each and everyone one of us should take. Save us from pain, temptation, anger and fear. So that we may surround ourselves with the right people who care and love us. No matter what has happened, help us see what is right. So that we may also give instead of receiving during this easter. Give us light in all our worries so that we may become grateful and hopeful people. Even though we have lost and suffered, may the bright future of what is to come, wipe away our sorrow in our hearts to what will be our great smiles.

Amen.

DANIELLE FENNELL 9A

WHEN YOU THINK OF EASTER YOU THINK OF TREASURE HUNTS YOU THINK OF EASTER EGGS. RED YELLOW GREEN BLUE. BUT IT REALLY WHEN CHRIST WAS RESURRECTED AND RISEN FOR YOU.



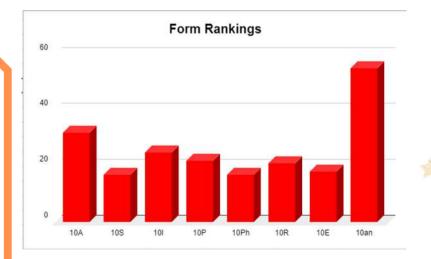
HUGE CONGRATULATIONS TO YOU ALL FOR YOUR HARD WORK, RESILIENCE AND PROGRESS THROUGH A REALLY DIFFICULT TERM. YOU SHOWED WHAT YOU ARE CAPABLE OF FROM HOME AND EXCEEDED EXPECTATIONS WHEN YOU RETURNED AND WE COULDN'T BE PROUDER. HAVE A LOVELY EASTER HOLIDAY. MR FREEMAN, MRS FITZPATRICK AND MRS ROCKS

STUDENTS OF THE TERM:

CAROLINE JONKUTE FOR SHOWING ENORMOUS SUPPORT FOR HER PEERS WHILST EXHIBITING A DEDICATED WORK ETHIC. SHAY RADFORD FOR HIS EFFORT IN LESSONS AND ABILITY TO LOOK AT SITUATIONS IN A MATURE, REALISTIC WAY.

STARS FOR THIS HALF TERM IN TOTAL, 207 STARS WERE AWARDED TO YEAR 10 THIS HALF TERM. CONGRATULATIONS TO THE FOLLOWING STUDENTS WHO WERE AWARDED THE MOST:

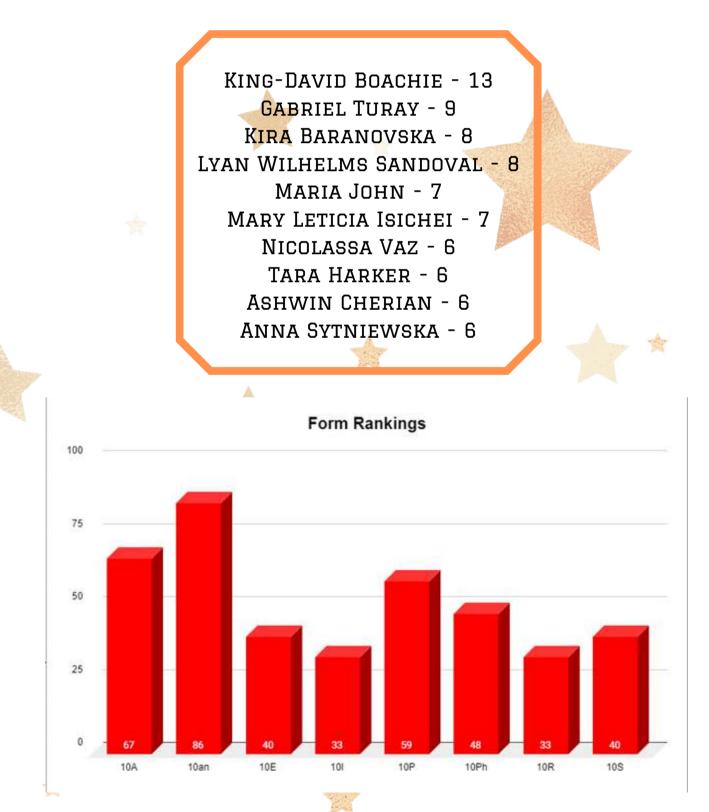
KING-DAVID BOACHIE - 8 LYAN WILHELMS SANDOVAL - 5 MARIA JOHN - 4 OMARU KING - 4 KHALIL SMITH - 4 ASIA QUIDLEY - 3 KIRA BARANOVSKA - 3 MYGLOR YAMBUYA - 3 NICOLASSA VAZ - 3 BOAZ FARQUHAR - 3 MASSIVE CONGRATULATIONS TO 10AN WHO HAVE WON BY A LANDSLIDE TO BECOME THE FORM GROUP WITH THE MOST STARS FOR THIS HALF TERM.





SPRING TERM STAR RESULTS

IN TOTAL, YEAR 10 HAVE BEEN AWARDED 405 STARS THIS TERM. WELL DONE TO EACH AND EVERY ONE OF YOU THAT RECEIVED ONE (OR MORE!) OF THESE COVETED STARS. CONGRATULATIONS TO KING DAVID AND GABRIEL WHO WERE NAMED OUR MOST AWARDED STUDENTS, AND TO 10AN WHO MANAGED TO NAB THE TITLE OF FORM GROUP WITH THE MOST STARS THIS TERM!





<u>3 WEEKS OF WELL-BEING</u>

WE HAD A GREAT RETURN TO SCHOOL IN YEAR 10. THE 3 WEEK INTER-FORM COMPETITION HAS BEEN GREATLY RECEIVED AND ENJOYED.

THERE WERE MANY WAYS TO GET POINTS FOR EACH CLASS

- BASKETBALL SHOOTERS
- KEEPY UPPIES
- EASTER EGG COLLECTION (ONE EGG EQUALS A POINT)
- Two people from each form to track their Attainment, Effort, Attitude
- STARS WILL BE CONVERTED (ONE START EQUALS ONE POINT)

WEEK ONE BASKETBALL SHOOTERS







<u>WEEK TWO</u> KEEP UPPIES





<u>QUIZ:</u>

A SPECIAL MENTION TO THE FOLLOWING STUDENTS:

- OMARU KING (10AN) FOR THE AMAZING AMOUNT OF KEEPY UPPIES
- MYGLOR YAMBUYA AND MICAH RUSSELL (10A) FOR BEING GREAT TEAM PLAYERS AND SUPPORTING AND ENCOURAGING MEMBERS IN THEIR CLASS.
- TARA HARKER (10E) FOR BRILLIANT SCORES ON HER EFFORT CARD.

A HUGE WELL DONE TO ALL OF YEAR 10! YOU HAVE COME BACK WITH A BANG.

CONGRATULATIONS TO THE WINNING FORM 10AN WHO CELEBRATED WITH A PIZZA PARTY ON THE LAST DAY OF TERM. WELL DONE YOU DESERVED IT! - MRS FITZPATRICK

	10A	10S	10P	101	10R	10E	10PH	10AN
BASKETBALL (number of baskets scored)	11	8	5	3	5	8	12	11
FOOTBALL (number of keep ups achieved in one go)	268	357	400	485	144	223	388	587
QUIZ (how many correct answers)	110	130	80	95		45	113	63
EASTER EGG COLLECTION (Number of eggs brought in)		46	45	4	33	7	12	44
ATTAINMENT SCORE CARD (Points on the student card)	589	586	630	425	317	207	650	495
Stars	13	37	27	9	7	4	1	29
Friday Quiz	10	9	15	5	3	6	2	6
Total	1001	1173	1202	1026	509	500	1178	1235

CLASSROOM CONSCIOUSNESS

A reflection from the Year 9 to Year 11 anti-racism club on the medieval Kingdom of Benin. The kingdom would today be located in Nigeria.

The Kingdom of Benin by Brenda Mana (Y11A) – 10 minute poem

The Kingdom of Benin A place built afar But, which holds power from within,

A nation in which exported fine prize, And endeavoured to be a nation who could walk with their own pride

Unlike what history has granted us permission to see, The canvas in which is painted before us , Holds a place ready to show his very own story.

From the abundance in materials , To the distinguishment of class, Wouldn't you say, We see a story of Africa which is, "Civilised" at last.

Not by whom, we think, But by those who nurtured , cared for their home, Their land by themselves, as humans, people, As individuals.... Something we love to see,

Benin city, that once remained a mystery, Has become a revel of a child's story, As a result of an unlocked, Unwarped , truthful relay of his-story,

For hundreds of years , We have been marked by scars, Branded by chains and slave names , Halted from being able to reach the stars ,

But since then, now and forevermore, The kingdom of Benin, Is able to mark themselves As a mark of pride , Much to the colonials demise

As a mark of freedom , As a mark of all they had lost, And all they had fought for, so hard to re-win,

The Kingdom of Benin A place built afar But which allows us to walk with pride Outside and most importantly from within



CLASSROOM CONSCIOUSNESS

A reflection from the Year 9 to Year 11 anti-racism club on the medieval Kingdom of Kush (also known as Nubia). The kingdom would today be located in Sudan.

My Opinion by Maria Shotikare – 10 minute thoughts

Who would have thought that women were so respected in the past and how much that has drastically changed over the years...for the worse. To think that the most paramount, most worshipped God at that time was a woman named Isis. To think that women were given as much power as a king and that they were the backbone of powerful kingdoms is just amazing. I honestly thought that throughout history, women were seen as inferior to men, and were seen as people who are there to stay at home but today I found out that I was wrong. It also made me wonder...why? Just why did everything have to go downhill from there - from worshipping female Gods to making females feel worthless. This lesson has shown me that there was a time that women could lead their own army and to stand in the front lines of battle, that many women today are out there showing that there are still powerful women today and it just gives me hope.

Nubian Queen by Brenda Mana – 10 minute poem

Nubian Queen, The beginnings of a new being queen A woman laced in prowess Encased from head to toe in jewels Holding the utmost grace and screaming the ambiance "goddess"

The foundations of nations Holding together the foundation of a nation Leaving us to ponder all their might All the stories we've been told about women being weak ,black women being weak Crumbles away, with the sense of a nubian Queen in sight

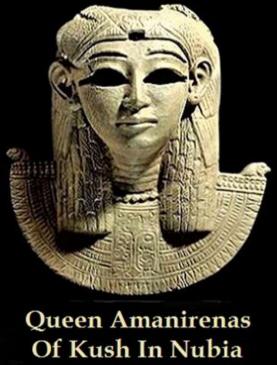
The first Kendake is believed to be Makeda But her name alone will be forgotten and ignored Unless we unravel her veil And reveal her truths. Hidden in the depths of history's fraud.

For hundreds and thousands of years The novelty of a gueen like Makeda Has been hidden and scarce for us to hear **Queen Amanirenas**

This is solely a societal movement done out of fear, A heavy restraint on the black community, As a sense of power and importance has been found to be connecting with us and being held to our hearts so dear,

In order to keep us wrapped around their diminishing plate, Nubian Queens Our new being queens Need to be hidden... Forgotten... In order to keep us locked in our "chains" Societal restraints Away from being brave To keep us To hold us in "our place"

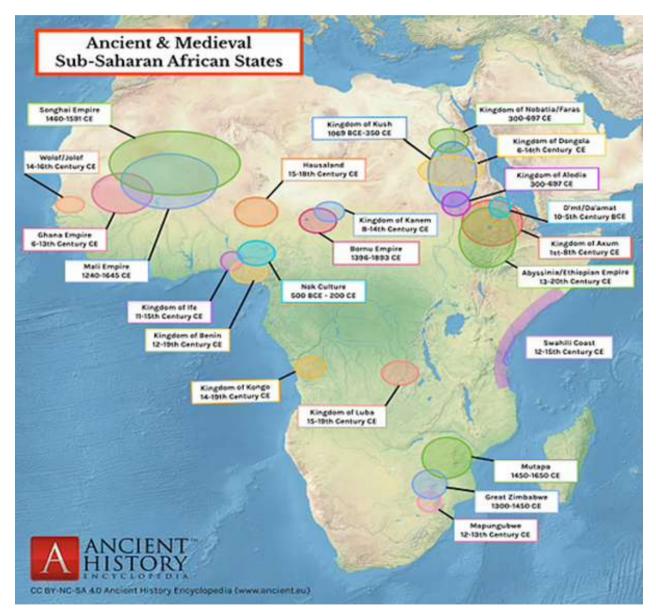




CLASSROOM CONSCIOUSNESS

Informed by Cameron Hinds

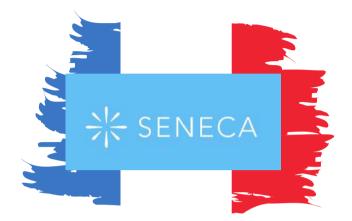
It is so interesting to see women (especially black women) in places of power despite most ancient civilisations being predominantly controlled by men. It is very satisfying to see black societies during history and how that contributes to black culture and black societies in general.



If you are interesting in joining the club, find Mr Shah or email him on mr.shah@holyfamilycatholischool.co.uk

OR if you are in Sixth Form, find Mr Sayer or email him on mr.sayer@holyfamilycatholicschool.co.uk.

Well done to the following students who have put in the most hours on Seneca and Active Learn as well as producing excellent work!



Ryan V Kacper B Elizabet P Paulina M Latoja C This week we would also like to praise the following students for outstanding work from Year 7 on school description/ brochure in French and Spanish:

> Paulina M Daniel H Javel S Joshua M Kaylen R Sarah S



Ola O Jessica Emmanuel Abishan A Williams Boateng Vanessa P Julia M Steven D



Arunya S Aurelia P Jada-Marie O Serena Akon Zachary Cooper

CAREERS CORNER

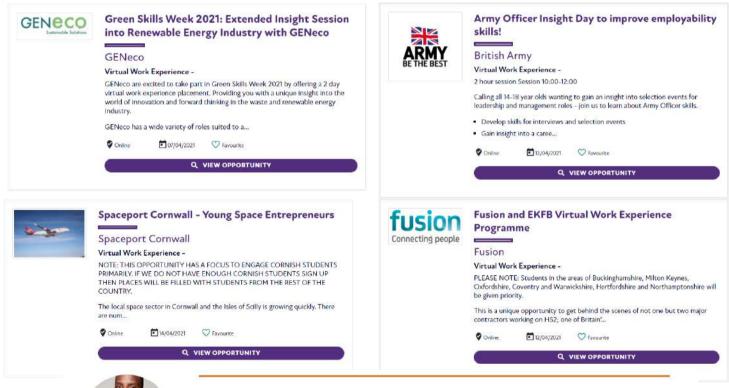
<u>There are many more virtual</u> <u>experience opportunities on the</u> <u>Speakers for Schools website or</u> <u>contact Mr Fidegnon for more info.</u>



SUCCESSFUL PLACEMENTS

Congratulations to the following students who have been accepted onto Virtual Work Experience placements:

Lyan - J Murphy & Sons: A leading global, specialist engineering and construction company





In Partnership with Penguin Talks

DATE: Tuesday 20th April

TIME: 11:00 - 12:00

YEAR GROUP: KS4 - 5 / S3 - 6

To register for this event, please email inspiration@speakersforschools.org

How to dare to change your life, with Lawrence Okolie and Harry Pinero

WBO world cruiserweight champion and author of Dare to Change Your Life, Lawrence Okolie, joins entertainer, host and content creator, Harry Pinero, to discuss Lawrence's incredible journey from obesity to professional boxer, and his lessons for how young people can make their dreams a reality too.

DON'T FORGET TO BOOK PLACEMENTS FOR THE EASTER HOLIDAYS



EASTER VIRTUAL PILGRIMAGE EVENT

This Easter we invite you to take part in a virtual pilgrimage to raise funds for our local HCPT 161 group.

Group 161, AKA the Purple Pilgrims, bring children to Lourdes with a range of needs. We believe in making strong, long lasting friendships with the children and families who form the group.



https://www.justgiving.com/fundraising/group161

Download the Strava App and join the 'HFCS - Walthamstow' Club to join the challenge.

Run, Walk and cycle this Easter, as a team covering the distance from Shernhall Street to Santiago in Spain via Lourdes and the Way of St James.





EXTRA CURRICULAR CLUBS

KS3 MATHS - PARALLEL PROJECT ENRICHMENT PROGRAMME.

EVERY THURSDAY AT 3PM ACCESIBLE ONLINE - <u>HTTPS://PARALLEL.ORG.UK/</u> SOME STUDENTS HAVE THEIR OWN LOG IN DETAILS ALREADY BUT IF NOT THE CODE TO JOIN IS **QZL15U**

HISTORY CLUB

WEDNESDAYS AT 3:30-4PM GOOGLE CLASS CODE: **4UIT2LR** SOLVING MURDERS AND NEW CLUES RELEASED EVERY WEDNESDAY TO GO THROUGH TOGETHER ON GOOGLE MEETS.

YEAR 8 READING CLUB

WEDNESDAYS 3:10-3:40PM

CURRENTLY READING "WONDER". STUDENTS CAN JOIN USING THE LINK POSTED EACH WEEK ON THE YEAR 8 GOOGLE CLASSROOM.

DIVERSITY AND INCLUSION SESSIONS - 6TH FORM

WEDNESDAYS FROM 3:15PM VIA THE GOOGLE CLASSROOM (SEE LINK) <u>HTTPS://CLASSROOM.GOOGLE.COM/C/MTC2MDY2MTI1MTU5?CJC=LKKMB2X</u>

DEBATE CLUB

EVERY THURSDAY FROM 3:20PM MORE INFORMATION ON GOOGLECLASS: <u>HTTPS://CLASSROOM.GOOGLE.COM/C/NZG5NJU5NZU4OVPA?CJC=VLTDQEV</u>

ONLINE CHESS CLUB

EVERY THURSDAY FROM 3:20PM MORE INFORMATION ON GOOGLECLASS: CLASS CODE - JQJNW5I

ONLINE RUNNING CLUB

CAN BE COMPLETED WHENEVER YOU HAVE TIME CLASS CODE - **ZFPIIDK**

Poetry Writing and Reading Club

Milto

Year 9 Every Thursday Year 10 Every Wednesday

Lunch time in the LRC

HOLY FAMILY EXTRA CURRICULAR MUSIC

TUESDAY LUNCHTIME YEAR 9 MUSIC TECHNOLOGY CLUB-U35

WEDNESDAY

LUNCHTIME YEAR 8 UKELELE CLUB—L20 AFTER SCHOOL UPPER SCHOOL GLEE CLUB—UPPER HALL

THURSDAY LUNCHTIME YEAR 7 KEYBOARD CLUB AFTER SCHOOL LOWER SCHOOL GLEE CLUB—LOWER HALL

Community Sports MCC Cricket Hub at Leyton

- The Cricket Hub is for state school pupils only & is completely free to attend
- Sessions are taking place outside at Leyton County Ground (following GOV & NGB protocols for Covid)
- Sessions run weekly throughout next term starting w/c 26th April
- There are separate sessions for Boys (U13s & U15s) on Mondays and Girls (U13s) on Tuesdays
- Players will be able represent the Leyton Hub in Matches in the MCC's National Competition this summer
- There is the opportunity for players to be selected for the MCC London & South East Team as well as access various other pathway opportunities through the MCC

More info on the MCC website - https://www.lords.org/mcc/mcc- foundation



Your invitation to join the MCCF Cricket Hub

Community Sports

Leaders Dance

In an effort to help our local communities kick start the habit of physical activity, we are launching Saturday classes in an effort to reach more children, young people and female adults.



Spring into Dance – 3 weeks FREE taster sessions

with award winning Leaders..... because COMMUNITY matters

FREE Taster Sessions for 3 Weeks*

Leaders are delighted to re open our Commercial Street Dance, Performance Enhancement and Drama Leadership activities for children, young people and female adults living in Waitham Forest in an effort to help our communities kick start the habit of physical activity After I weeks, citra charge of 15 per west, for dance or £7.50 for dance/drome continuation Adult Clause are for for Exercise

Initiatran: leaderscommunity_ Snauchet/Twitter: leaders2k16 Facebook: Leaderscommunityest2016

GET FIT_HAVE FUN ... MAKE FRIENDS

Open to ages 7-15 years and Female Adults All abilities are welcome All staff are DBS Certified Every Saturday from **24th April 2021** Covid-19 safety measures in place Schedule available on application Mid morning sessions Venue location will be in Chingford E4

To register your interest please email or call Leaders Community -07831 324510 leadersacademyenquiries@gmail.com







Phone : 07831 234510

Email: leadenacadenyenquines@gmail.com

Website : www.leadencommunity.org

No you have any uniform to donate?

UNIFORM DONATIONS

We are asking for donations of our current school uniform which your child may no longer need or have outgrown that is still in <u>good and wearable</u> condition. This can range from the list below:



PLEASE DROP ANY DONATIONS TO EITHER SCHOOL OFFICE - MANY THANKS



When did you last take the time to say **THANK YOU?**

Thank you so much for everything. You've been there for me through thick and thin and I'm so thankful for that. I will miss you so much I don't know what I would do without you.

Thank you for everything you have done for me. I will miss you loads when I leave and I don't think I would have done as well as I did if I didn't have you as a teacher.

Go to www.thankateacher.co.uk to send your favourite teacher a thank you message.

We will send them a personalised e-card for FREE and they may have the opportunity to be nominated for a Pearson National Teaching Award.

Please THANK A TEACHER today. It's simple, it's free, and it will make their day.



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