

FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL
NEWSLETTER



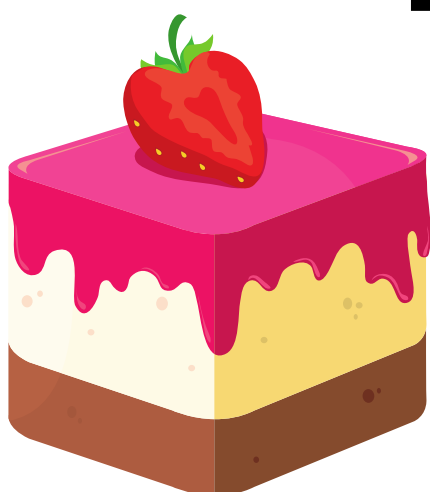
HALF TERM!

WISHING EVERYONE A SAFE AND RESTFUL HALF TERM

BAKE OFF

2021

**SEE PAGE 13 FOR
DETAILS**



HEADTEACHER'S MESSAGE

Quotation of the week

"A day that begins with prayer is a good day", Pope Francis said this week in his general audience. Prayer transforms a person's day "into grace, or better, it transforms us: it appeases anger, sustains love, multiplies joy, instills the strength to forgive".

We start every lesson with a prayer here at Holy Family. It gives everyone the opportunity to reflect on the hour of study that lies ahead and for us to think about how we want to make the most of the opportunities we enjoy to learn, to teach and to be a part of our school community

Lent

Next week sees the start of Lent. Wednesday 17th February is Ash Wednesday. Ordinarily we would mark this in school with the distribution of ashes but this won't be the case this year. However, you can join an online service by clicking on the links below:

[Our Lady & St George](#)

[Our Lady of the Rosary & St Patrick](#)

[Christ the King](#)

[St Joseph's](#)

[St Edward the Confessor](#)

(Fr Dominic, Diocesan Youth Chaplain)

It's difficult in some ways to feel connected to our usual life as a member of a parish community during this pandemic. There is no obligation at present to attend Sunday Mass in person, though I know some of you do. I tend to view Mass online usually from the diocese of Toronto where I like the style of service and the homilies that are given by a different priest each week. We want to ensure when we come back that we maintain Holy Family as a prayerful, worshipping community and, when we are permitted to come back to school, we shall be ensuring that there is a Mass for everyone early on upon our return.

Parents' surgery

Parents' surgery is currently a remote service. If you would like to speak to me please contact the office on either site and they will let me know that you would like me to call you on Thursday afternoon between 4pm and 5pm. You can also email me directly at anytime on a.stone@holyfamily.waltham.sch.uk

School is not open over half-term. We open again to key worker and vulnerable children on Monday 22nd February at 8.30am.

I hope you have a good break and hope that you and your families stay safe and well.

Please continue to remember us in your prayers.

With best wishes,

Dr Stone Headteacher





HEADTEACHER'S

COMMENDATIONS



We have many, many commendations this week which is lovely to see again:

Mr Graefe and Ms Nordon would like to commend the following students for exceptional work and engagement over lockdown:

Elie Muela-Badibanga 11E and Rihanah Olatomirin 11A

Also in Yr 11 Ms Crabtree nominates
Kevin Mosquera

for working tirelessly in lockdown, completing all tasks and doing lots extra.

Next we have nominations from Ms Pearce for the following students in Yr 11 who have shown outstanding commitment to their studies and online learning. They are:

Louise Osei-Biney, Adam Cassamally, Brenda Mana, Melissa Ocampo Marin and Aniel Richard.

Also in Yr 10 **Gabriel Turay and Obinna Clarke** who made exceptional contributions during a talk on Sierra Leone from two external speakers.

In Yr 8 for **John Villarico and Julia Matejek** who have been going above and beyond in Geography, producing outstanding work on tectonic hazards plate boundaries in their books.

And in Yr 7 where the following students have really shone and shared well thought-out arguments with the rest of their classes:

Emily Gromska-Seedin, Feile Au, Jerrell Bowen, Oskar Toczek, Alberta Kyei, Lula Kahase, Cristian Vasluianu, Sedinam Bedzo, Patrik Ohakwe, Eliezer Yiadom, Arina Balkaityte and Caleb Muwanguzi.

In year 10 Miss Barry and Mrs Pietrzyk nominate
Rimilekun Meyfroot

for being an exemplary student, having a brilliant work effort for being an excellent role model to other students; encouraging & helping them with their work and behaviour as well as leading a Bake-Off project!



HEADTEACHER'S

COMMENDATIONS



Ms St Aimee nominates the following students in Yr 9 who have attended every remote lesson during lockdown. They are:

Filipa Andre, Joseph Bearfield, Danielle Fennell, Davishka Matthews, Grace Mukasanga-Muela, Ulyssa Rillera. Neli Edreva, Helen Shaji, Maria Shotikare, Allison Teves, Wiktorja Matejek, Zackary Rebello, Julienne Arcillas, Erin Gallagher, Nevin Roys, Arjun Roman Tolibas, Kelvin Wang, Perry Kwarteng, Igor Majchrowski, Kezia Tomy Mathew, Joshua Morgan, Claude-Andre N'Ghandu, Gerrund Canlas, Victoria Chamulak, Giulia Distefano, Kudzaishe Mpofu, Dovydas Simkus, Olivier Stieber, Nyah Theodore, Abisshanth Sivakumar, Trinity Ah-Chung, Kamil Nagorny, Neriah-Jane Orafu, Gabriele Reinyte, Stacy D'Souza, Tony Dandoczi, Justine Ganesharajah, Aleesha Loates, Darnel Norville, Amit Sooraj, Marcel Winter and Sianna Xavier-Cruickshank.

And finally this week, Ms Anjorin nominates the following students for engaging and contributing in Science lessons showing infectious positivity. They have developed resilience and taken a proactive and mature approach to their on-line learning experience.

Year 7E Science: Nazarii Zadorozhnyy and Kelsey Brogya-Mensah

Year 8IG Science: George Uzoma and Jessica Emmanuel

Year 10 Chemistry: Derek Koomeon and Angelina Martin

Year 10 Combined Science: Gisela Antwi and Mary Isichei

Year 11 Combined Science: Celine Masila and Connor Stapleton

Year 13 Applied Science: Mary Lochun



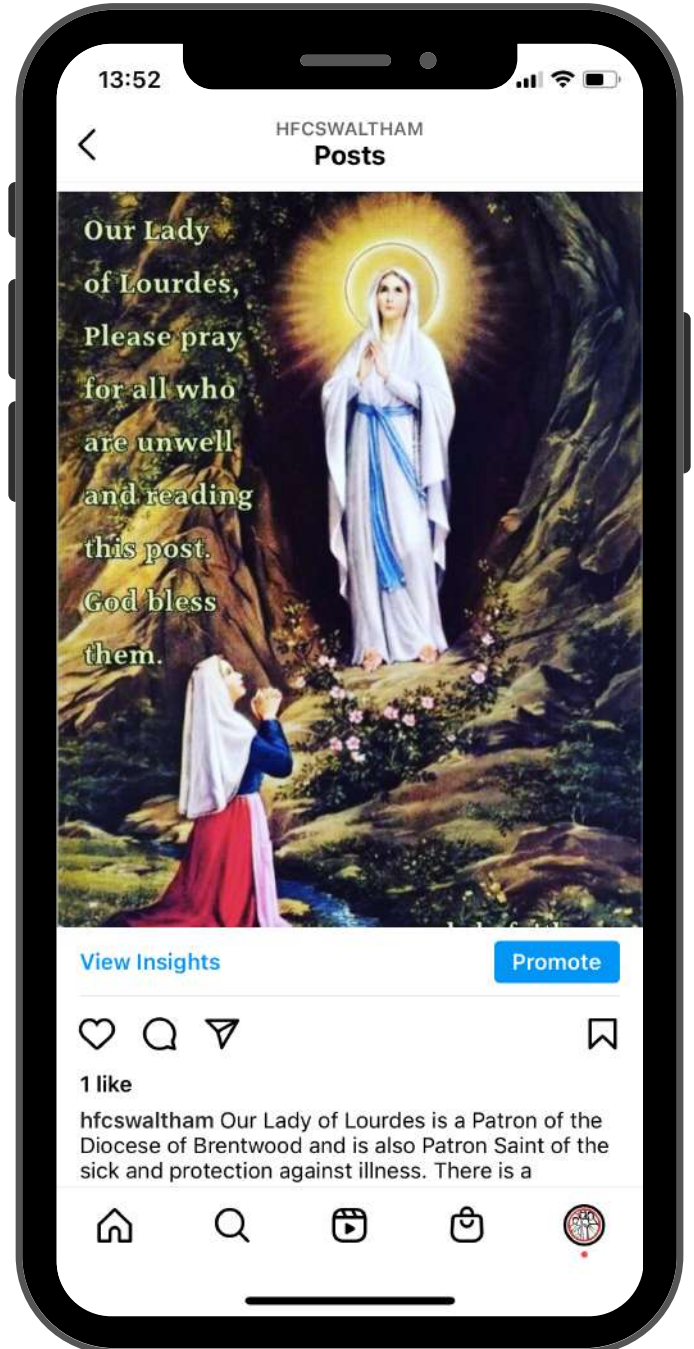
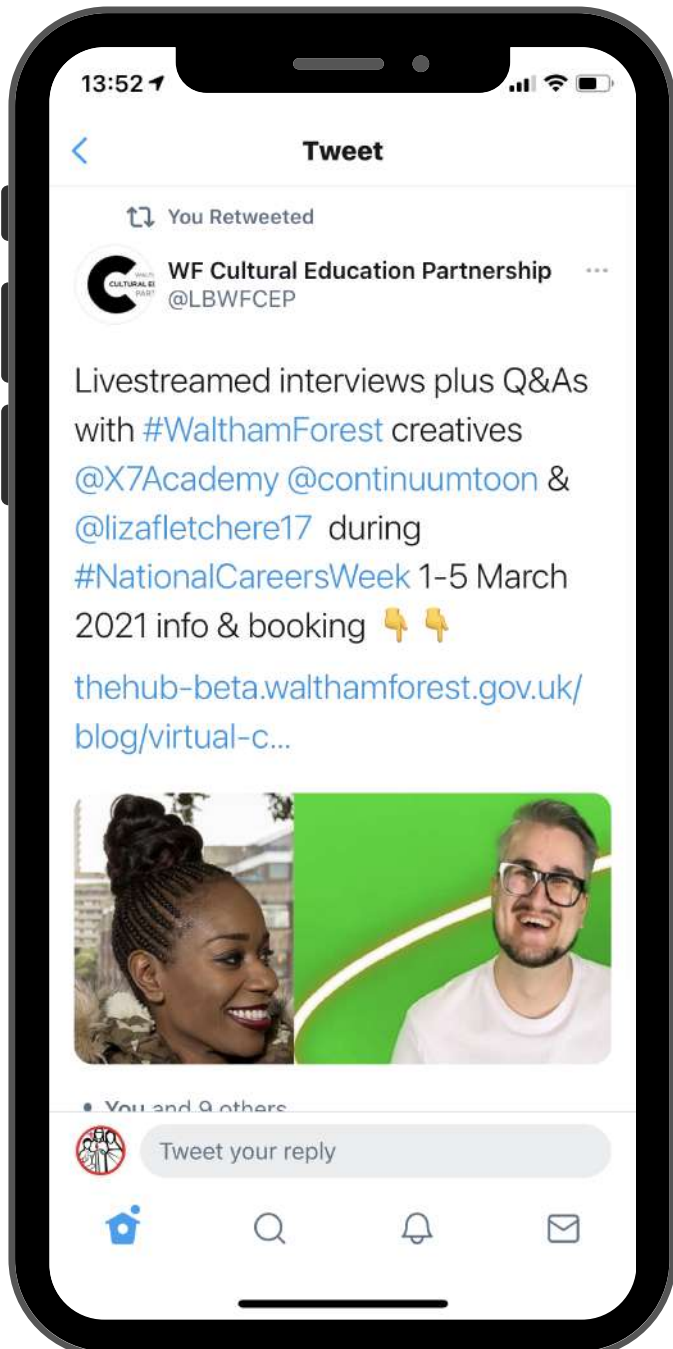
Well done to all our students this week!



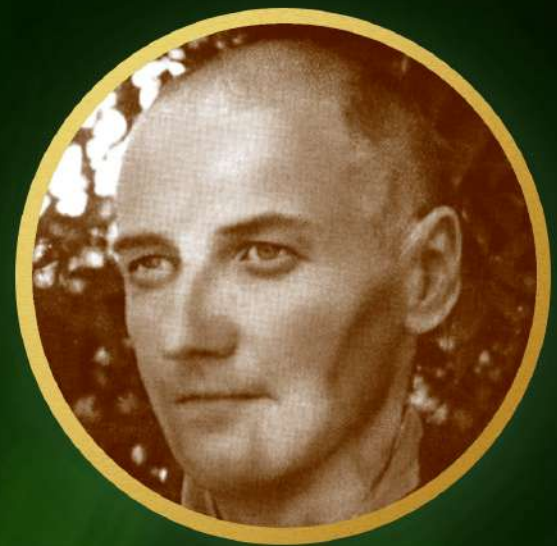
SOCIAL MEDIA CATCHUP



@HFCSWALTHAM



@HFCSWALTHAM



Michael Dillon

(1st May 1915 – 15th May 1952)

was the second child of an Irish baronet. Assigned female at birth, he took an early interest in masculinity. At Oxford University he became President of the Women's Boat Club and was already presenting in a masculine fashion.

After graduation, Dillon got work near Bristol. A local GP, George Foss, was experimenting with a new drug, testosterone, but it had unfortunate side-effects for women patients. He wrote up the trial for *The Lancet*. Dillon thought those side-effects were just what he needed. Dr. Foss was initially happy to help, but asked Dillon to see a psychiatrist. This did not go well. The psychiatrist told Foss not to help Dillon. He also gossiped to people at Dillon's workplace, forcing him to seek alternative employment. Foss gave Dillon a supply of testosterone but declined to continue treatment.

WW2 created opportunities for people who were legally female. Dillon obtained work at a car dealership in Bristol. Meanwhile, testosterone began to change his body. In 1942 Dillon collapsed in the street and was taken to the Bristol Royal Infirmary. There he met a doctor who agreed to perform breast removal surgery. Dillon also obtained a letter explaining that his sex had been incorrectly recorded at birth. This allowed him to change his legal name and gender. Able to live freely as a man, he enrolled in a local college to study medicine. Dillon was introduced to the leading plastic surgeon, Sir Harold Gillies. He spent his free time working at Gillies' hospital in Basingstoke. In return, Gillies experimented with surgery to give Dillon a penis. Thirteen operations later, Dillon had the body he wanted.

As the war ended, Dillon completed his studies in Bristol. He wrote *Self: A Study in Ethics and Endocrinology*, which even today is leading edge in its patient-centred approach to trans medicine. Dillon qualified as a doctor through Trinity College, Dublin. *Self* was read by Roberta Cowell, a racing driver and former Spitfire pilot. She contacted Dillon who introduced her to Gillies. At the time removing someone's testicles was a crime. Cowell said that a friend performed that operation secretly so that Gillies could proceed with her vaginoplasty legally. The friend was probably Dillon. He also introduced Cowell to Arthur Milbourn, the Canon of Bristol Cathedral, who wrote the introduction to her autobiography.

Dillon hoped that he and Cowell might marry, but she turned him down. Distraught, he joined the merchant navy, serving as a ship's doctor until 1958 when he was outed by the *Daily Express*. Unable to work, Dillon headed to India to explore his interest in Buddhism.

The Buddhist leaders were reluctant to accept Dillon as they normally only admitted men. However, with patience and devotion he finally became the first Western European to be ordained as a Buddhist monk. Unfortunately, India did not agree with Dillon. He became sick and died in 1962.

A champion rower with two degrees, and an ordained monk, Michael Dillon encapsulated mind, body and spirit.

Cheryl Morgan – Co-Chair, OutStories Bristol (June 2020)

Body, Mind, Spirit

Lesbian Gay Bisexual Trans +
History Month

2021: PSHE

Schools OUT UK
The LGBT Education Charity
Charitable Incorporated Organisation No. 1156352

Chaplaincy Corner

A belated thank you from the Fairtrade Foundation to the **Year 10 Justice & Peace group** for their fundraising last year.



I'm staying
SiLENT
for Million Minutes

Could you fast from your phone for an hour or two a day? Avoid social media during Lent? Why not join us for SiLENT.

An idea from the youth charity, Million Minutes, is a great way to mark Lent, encouraging you to commit to go silent for an hour, a day or even all 40 days of Lent. This could be remaining silent for a certain time; it could be turning off your phone or avoiding social media for an hour or two a day. And of course ask your family and friends to sponsor you!

If you would like to join SiLENT or just support our students, we have a dedicated fundraising page where you can donate. Please let us know what you are doing and how many minutes you remain silent.

Silence is an important part of our Christian tradition. It allows us time and space to pray, reflect and listen. And when we listen rather than speak, we allow space for the voices we don't usually hear.

Above all, Lent is a time that we can all look at our lives and reflect on our relationship with a forgiving God.

Please check our calendar for key dates and how to connect with local parishes online.

A Lenten prayer for Ash Wednesday

God of goodness and mercy,

Hear my prayer as I begin this Lenten journey with you.

***Let me be honest with myself as I look into my heart and soul,
noticing the times I turn away from you.***

Guide me as I humbly seek to repent and return to your love.

***May humility guide my efforts to be reconciled with you and live
forever in your abundant grace.***

Transform me this Lent, heavenly Father.

***Give me the strength to commit myself to grow closer to you each
day.***

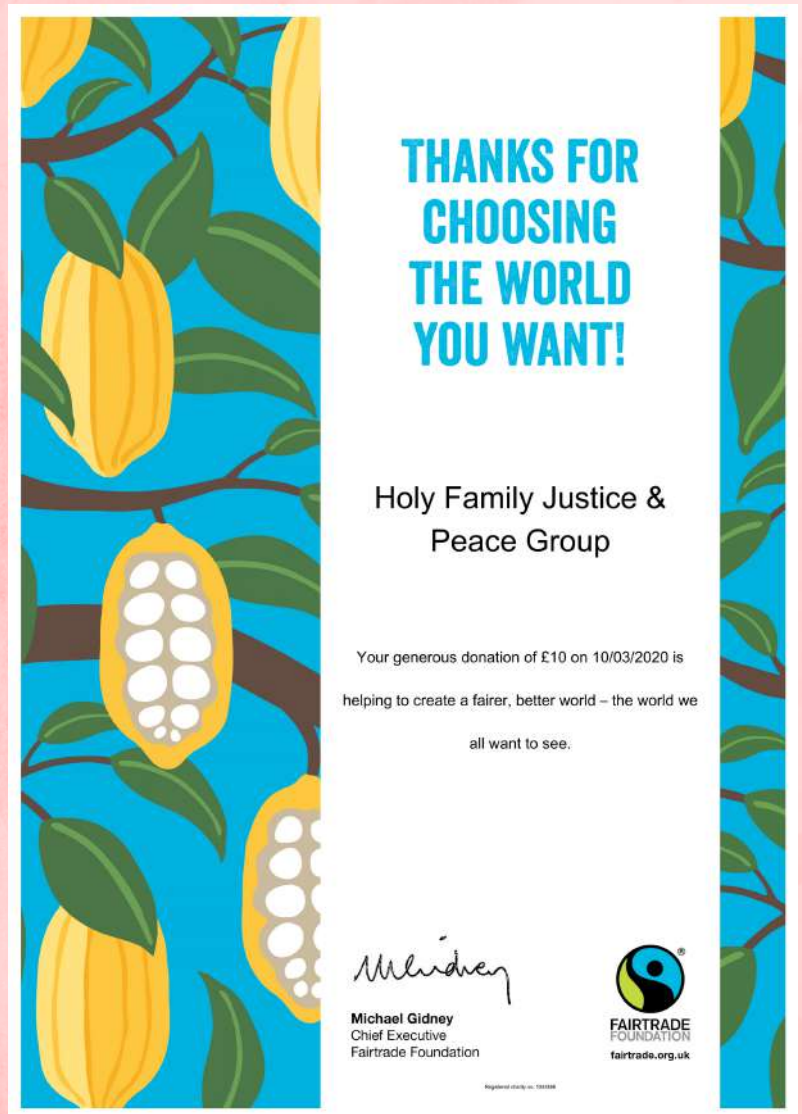
Amen

©Dynamic Catholic



Chaplaincy Corner

A belated thank you from the Fairtrade Foundation to the Year 10 Justice & Peace group for their fundraising last year.



22 February to 7 March is Fairtrade Fortnight and this year highlights the growing challenges that climate change brings to farmers and workers in countries such as Kenya, Ethiopia and Honduras. The climate crisis is an immediate and ever-increasing threat and those in climate vulnerable countries are already seeing the impacts from droughts and crop disease to floods, heat waves and shrinking harvests.

Fairtrade is about social, economic and environmental justice. Choosing Fairtrade puts more money into the hands of farmers, needed if they are to adapt and survive the climate crisis.

Stay safe - Mrs. Grierson, Chaplain

Key Dates for Lent

WEDNESDAY 17TH FEBRUARY - ASH WEDNESDAY (HALF-TERM)

You can join an Ash Wednesday service via YouTube by clicking on the following links:

[Our Lady & St George](#)

[Our Lady of the Rosary & St Patrick](#)

[Christ the King](#)

[St Joseph's](#)

SUNDAY 21ST FEBRUARY - 1ST SUNDAY OF LENT

FRIDAY 26TH FEBRUARY - CAFOD FAMILY FAST DAY

SUNDAY 28TH FEBRUARY - 2ND SUNDAY OF LENT

SUNDAY 7TH MARCH - 3RD SUNDAY OF LENT

SUNDAY 14TH MARCH - 4TH SUNDAY OF LENT (MOTHERING SUNDAY)

SUNDAY 21ST MARCH - 5TH SUNDAY OF LENT

SUNDAY 28TH MARCH - PALM SUNDAY

THURSDAY 1ST APRIL - MAUNDY THURSDAY (LAST DAY OF TERM)

FRIDAY 2ND APRIL - GOOD FRIDAY

SATURDAY 3RD APRIL - HOLY SATURDAY

SATURDAY 3RD APRIL - ST RICHARD'S HOUSE FEAST DAY

SUNDAY 4TH APRIL - EASTER SUNDAY

MONDAY 5TH APRIL - EASTER MONDAY

MONDAY 20TH APRIL - RETURN TO SCHOOL

Stay safe - Mrs. Grierson, Chaplain

SHARE YOUR VISION OF THE WORLD YOU WANT



Our choices are powerful. Their effects can reach far beyond us. They can help us shape the world we want. The daily decisions you make about what to eat, drink and wear affect the lives of people around the world – and the health of our planet.

This Fairtrade Fortnight, we're focusing on the choices we all make every day.

WHAT DOES THE WORLD YOU WANT TO SEE LOOK LIKE?

Young people between the ages of 5 and 25 are invited to share their vision of the world they want for farmers and workers worldwide, and the planet we share. Create your vision for the world you want, for the planet and everything on it, to celebrate Fairtrade Fortnight 2021.



Share your *artwork, poem, prose or film* for a chance for your work to be exhibited in the online Youth Exhibition at the **Choose the world you want** festival between 22 February and 7 March 2021.

Email your vision masterpiece to schools@fairtrade.org.uk with the subject line **CHOOSE THE WORLD YOU WANT** stating **your name and age** in the email.

Submit your vision by 1 March 2021!

N.B. By submitting your piece, you consent to it being used in the Youth Exhibition at the festival during Fairtrade Fortnight 2021, and for promotional use thereafter.

TOP TIPS FOR YOUR EXHIBITION PIECE

- ✓ If an image, try to take a clear photo in natural lighting. Try to fill the whole frame with your artwork.
- ✓ If a video, it must be shot in landscape, not portrait, and shared with us via a link to the video on YouTube or Vimeo.
- ✓ If you have written a poem or prose, please keep it to a maximum of one side of A4 and share electronically as an email, Word document or PDF.
- ✓ Remember to get consent from a parent or guardian!

**CHOOSE THE WORLD
YOU WANT**



I'm Staying siLENT For MILLION MINUTES

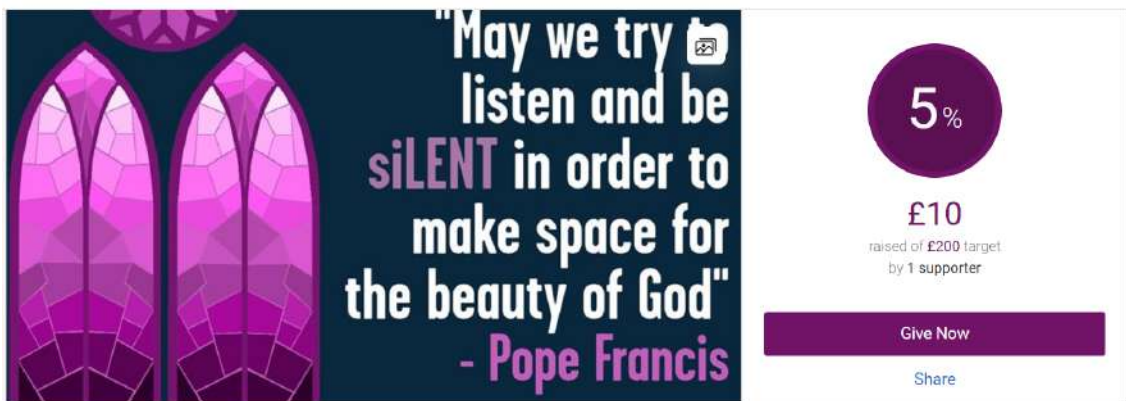
Holy Family is going siLENT – join in by deciding how long you want to stay silent for and get sponsored! Encourage your family to join in – have a silent meal together. Turn off the TV and play a silent board game. Turn off your social media and read a book, in silence of course!

Take a photo or make a video of your silent time and when you turn on your social media, post it online with #siLENT @Million_Minutes

Spread the word and get sponsored – our fundraising page is [here](#)
[Email Mrs Grierson](#) to let her know you are taking part, or for more information.

JustGiving Menu Start Fundraising

Search Log in Sign up



"May we try to listen and be siLENT in order to make space for the beauty of God" - Pope Francis

5%
£10 raised of £200 target by 1 supporter

Give Now

Share



Holy Family Catholic School and Sixth Form

siLENT 2021

Fundraising for MILLION MINUTES



siLENT 2021

run by MILLION MINUTES

A Million Minutes of Silence is a simple idea - each minute is sponsored to raise money for social action projects supporting young...

Charity Registration No. 1140079

TIPS FOR

WELLBEING

This week Mrs Grierson tells us:

I recommend a good long walk to free your mind, especially if it's a little nippy. You'll soon feel the blood pumping and your cheeks tingling. You can forget what's happening in the world as you hear the birds overhead in the trees (I heard woodpeckers this week), maybe spot the odd muntjac deer. Most of us can get to an open space.

While the physical benefits are good, the mental boost that can be gleaned from adding a walk to your daily routine may be immediate, it's a mood booster, and walking can increase creative output by opening up the free flow of ideas.

If you decide to try out walking over half term please remember to





OPEN TO ALL STAFF & STUDENTS

HOLY FAMILY 2021 BAKE OFF CHALLENGE

THIS YEAR'S THEME:

SCHOOL SUBJECTS

Rules:

- Design & make a school subject themed **cake OR bread loaf OR biscuits/cookies.**
- You must select a school subject of your choice.
- Deadline: **Monday 22nd February 2021**

Check your year group Google classrooms for ideas

EMAIL PHOTOS & QUESTIONS TO:

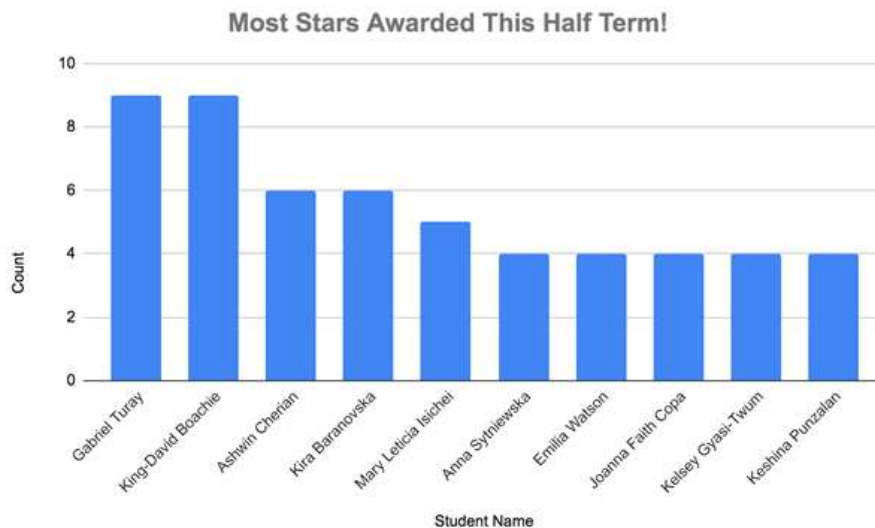
MS.SALAH@HOLYFAMILYCATHOLICSCHOOL.CO.UK



YEAR 10

AN IMPRESSIVE 250 STARS HAVE BEEN AWARDED OVER THE PAST SIX WEEKS. ON TOP OF THIS, A HUGE NUMBER OF NAMES HAVE BEEN PASSED TO MR FREEMAN, MRS FITZPATRICK AND MRS ROCKS COMMENDING STUDENTS EFFORTS, ACHIEVEMENTS AND PROGRESS THIS HALF TERM.

WELL DONE YEAR 10 FOR ADAPTING SO WELL AND SHOWING WHAT YOU ARE CAPABLE OF!



YEAR 10 HAVE SENT THE FOLLOWING MESSAGES TO STAFF TO THANK THEM FOR ALL OF THEIR WORK AND SUPPORT OVER THE LAST TERM

To Mrs Henry,
For helping me and supporting
me on my work.
From Aiesha

To Mr Nardlal,
For finding ways for us
to do some simple
practical lessons at
home.
From Noah

To Mr Freeman,
For practically doing everything and
getting everything in place for our
weeks, it takes alot to take care of
a whole year and keep everything
running smoothly and I hope you get
what is due for you. Thank you for
your remarkable efforts its much
well appreciated
From Anonymous

To Miss Crabtree,
for always being
understanding and being
there when I need help.
From Nicolassa

Thank!
You!

To Mr Nardlal,
For always making sure I'm
okay! You are the best
form tutor ever!!
From Cheani

TO MISS PRADA, MR FREEMAN,
MISS PIERCE & MISS PATEL,
FOR HELPING ME THROUGHOUT THIS
LOCKDOWN.
FROM GABRIEL

To Miss Johnson,
For explaining everything in full detail,
and as many times as we ask you to so
that we can understand.
From Precious

YEAR 10 SAY THANK YOU

To all the teachers ,
For your hard work and effort to adapting to online teaching. Thank you for pushing through, and putting up with us. Online learning has been stressful at times, but I cannot name one teacher that hasn't offered a helping hand during these few weeks, which really warms my heart. Thank you for checking up on us and making sure we're okay - this has been a tough time for many of us, I'm certain that your support has helped many students. Every single teacher should be proud of themselves, you all deserve a long well earned break!! .

From Callum

To Miss Barry,
For the lessons even though she jokingly complains alot.
From Remi

TO MRS OSBORNE,
FOR DOING ONLINE LESSONS AND CHECKING THE WORK WE SUBMIT AND COMMENTING WHAT WE DID WELL.
FROM ANGELINA

To Mr Parry,
For being a amazing English teacher.
From Ayomide

TO MR. NANDLAL,
FOR KEEPING THE HUMOR HIGH IN CLASS.
FROM DAVID S

TO MS PEARCE,
FOR BEING ABLE TO HELP ME UNDERSTAND THE WORK BETTER.
FROM GEMMA

To Mrs Parker,
For being genuine.
From Anonymous

To Mr Freeman,
For being a good English teacher whilst also being head of year.
From Solange

To Mr McCollin,
For Being a great Maths teacher.
From Kyle

To Mr Heelan,
For Being a great Maths teacher.
From Anonymous

TO MR AZIZ ,
FOR FOR ALL THE WORK THAT YOU HAVE BEEN THROUGH WITH ME.
FROM REMI

To Mrs Laborde,
For always believing in us.
From Anonymous

To Miss Parker,
For Actually caring about us.
From Anonymous

To Mrs LaBorde,
For Doing your best to make sure we understand before moving on.
From Anonymous

To Mr freeman,
for Being a great English teacher.
From Kyle

TO MISS PATEL,
FOR BEING A LOVELY FORM TUTOR AND ALWAYS TRYING TO HELP ME WHENEVER YOU CAN. THANK YOU SO MUCH FOR THE HELP OVER THIS STRANGE YEAR.
FROM JOHN S

To Mr Kwarteng and Mr Thrasivoulou,
For being great teachers.
From Lukasz

To Ms Scott,
Thank you.
From Anonymous

To All my subject teachers,
For Helping me so much with my subjects and providing feedback to help me improve.
From Chenna



YEAR 12

Things to do over this Half Term

If like me you are trying to think of ways to make half term feel different to the rest of the lockdown week. Mrs Belgrave has a few ideas!

Monday 15th- Sunday 21st Feb 2021



Mon 15th: Home Cinema Day! Grab the **popcorn**. close the curtain and pick your favourite **movies** to binge watch!



Tues 16th: Pancake Day
Woohoo!! Get your **fruits** and Syrup ready!



Wed 17th Random Acts of Kindness Day
Do something nice for your neighbour or a loved one



Thurs 18th: Bake off.
Virtually set up a baking session and get your friend to **judge the best cake over Zoom!**



Friday 19th: Have YOU TIME! RELAX Light a candle, Read a book, run a bath listen to music and turn your phone to silent! **FRI-YAY**



Sat 20th: Go on a themed walk! all you need is the **Strava map app** on your phone. Go with your family to explore!



Sun 21st: Sleep & Rest! Getting enough **sleep is essential** for helping a person maintain optimal health and well-being. When it comes to their health, sleep is as vital as regular exercise and eating a balanced diet.

Back to school Monday 22nd Feb 2021 -Week 2

GEOGRAPHY

9E Geographers have been practising their geographical skills drawing field sketches this week as you can see from these two beautiful examples by Allison Teves and Maria Shotikare



The Geography department has been finding ways to mix up lockdown learning, and has had an amazing half term with students in all year groups!

Last week, one the year 10 classes took part in a session with the founders of the Kambia District Foundation, a charity which aims to improve the education and healthcare of the population of Kambia (a district in Sierra Leone). This talk tied in directly with what year 10 have been learning about “development”, but it was a brilliant opportunity to explore some relatable examples outside of the textbook. Year 10 did the school proud, asking a series of high level and thought-provoking questions, which demonstrated their incredible engagement in their lessons this half term. Special mention should go to Obinna Clarke and Gabriel Turay, who came off mute throughout the session to ask a number of interesting questions.

In other news, students in years 7, 8 and 9 were set some laptop-free lessons in order to spend some time getting creative, and taking a break from screens. They were each set a creative writing task, relevant to the topic they have been learning about. Some of the submissions have been outstanding (see some examples on the next page!!). Whilst the year 7s imagined their “expedition to the Arctic”, the year 8s wrote about their inventions to reach the centre of the earth, and year 9 looked at how Lagos has changed with it becoming more and more built-up.

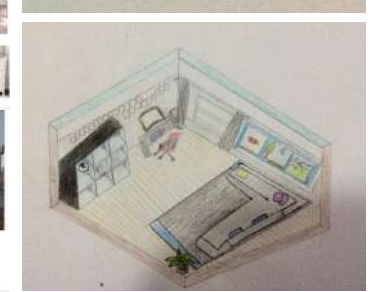
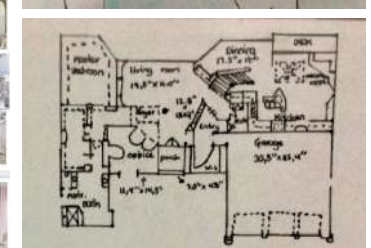
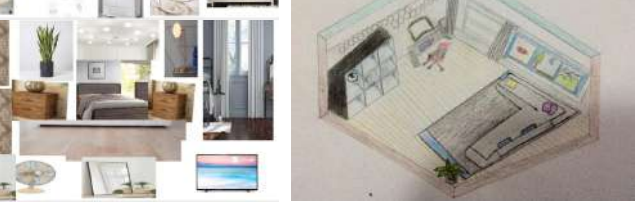
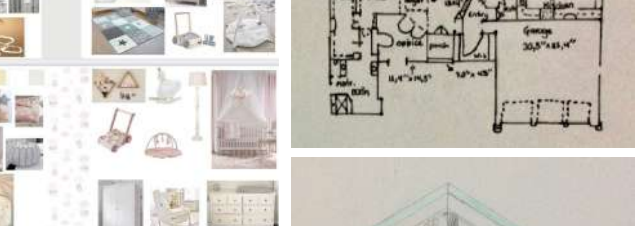
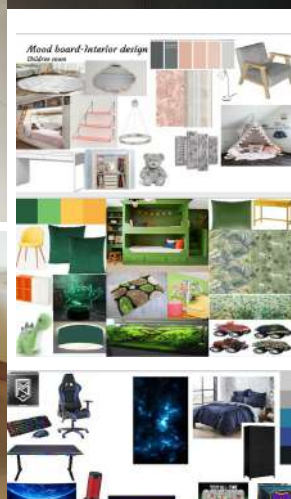
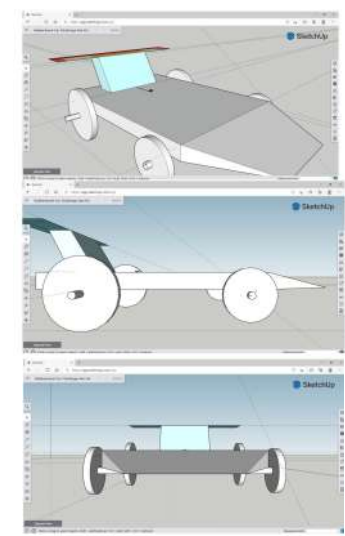
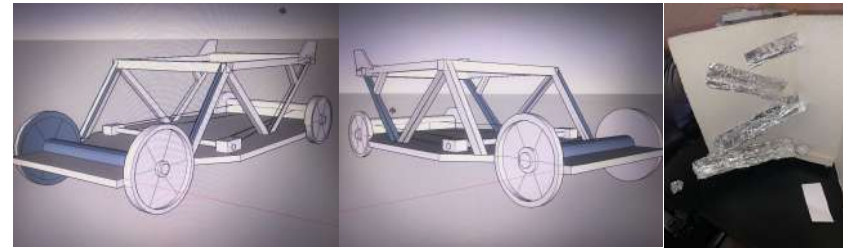
This week, year 8 student have been enjoying their “earthquake escape” lessons! They were asked to pretend an earthquake was striking in 15 minutes, and tasked with packing an emergency bag of supplies, which they then presented to their peers. Year 7 has been doing similar, thinking about what they would need to take with them if they were to explore the Arctic.

Finally, year 12 has been working through a report on “Cheltenham”, which is one of their main case studies. But, they have been doing it in such a way that they have created a comprehensive summary of the report, which is now being used as a revision aid by the current year 13 class!



D&T ASSEMBLED

GCSE students have been showing their skills on Sketchup & by creating epic marble runs. Year 7 have been baking bread at home and year 8 have been learning about the role of interior designers & putting this into practice on their own mood boards.



MFL

Neo has been busy celebrating "La Chandeleur" and making crepes. Here is his step by step guide if you fancy giving it a go. Year 7 students have also been having fun making and decorating crepes, we hope their photos will provide you with some inspiration



Premierement, je mets 150g de farine.



Ensuite, je mets une pincée de sel



Après, j'ai craqué trois œufs et j'les ai mis dans le bol



Ensuite, j'ai versé 250g de lait



Ensuite, j'ai versé le lait dans le bol



Après, je l'ai fouetté



Enfin, je l'ai mis dans la poêle pendant quelques minutes

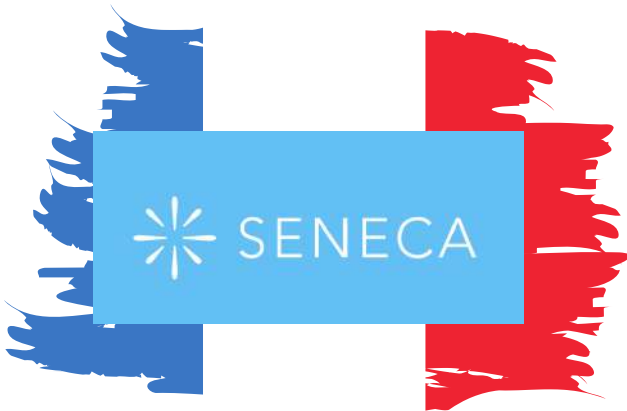


Voilà!



MFL

Well done to the following students who have put in the most hours on Seneca and Active Learn as well as producing excellent work!



**Elen M., Ryan M., Wiktorja K.,
Holy T., Eliud A., Eri A., Devonte B.,
Isabella C., Laura C., Arjun T.,
Nevin R., Gabrielus J.**



**Tianna C., Niamh M., Preston H.,
Arunya S., Romani S., Feile A.,
Goda B., Maria B., Joshua K.,
Nicole A., Tania R-B.**



**Natalia S., Miracle S., Abishan A., Williams B.,
Kacper B., Paulina M., Tracey M., Julienne A.
FiyinfoLuwa O., Elizabet P., Ryan V., Jayden A.,
Kerisha A.B., Anabel C., Sinead K., Debbie K.,
Dylan D., Andrew D., Chelsy S., Genoa S.,
Isabella C., Jonathan M., Gabriel O., Milanne F.,
Naomi M., Kimora N., Brooke P., Arjun T.,
Milena S., Nevin R., Gabrielus J., Jackie C.,
Emilia B.,**



**Arunya S., Aurelia P.,
Jada-Marie O., Kevin H.,
Cornelia W., Joshua M.,
Kaylen R., Raya H.,
Rory O'C., John V.**

EXTRA CURRICULAR CLUBS

KS3 MATHS - PARALLEL PROJECT ENRICHMENT PROGRAMME.

EVERY THURSDAY AT 3PM

ACCESIBLE ONLINE - [HTTPS://PARALLEL.ORG.UK/](https://parallel.org.uk/)

SOME STUDENTS HAVE THEIR OWN LOG IN DETAILS ALREADY BUT IF NOT THE CODE TO JOIN IS **QZL15U**

HISTORY CLUB

WEDNESDAYS AT 3:30-4PM

GOOGLE CLASS CODE: **4UIT2LR**

SOLVING MURDERS AND NEW CLUES RELEASED EVERY WEDNESDAY TO GO THROUGH TOGETHER ON GOOGLE MEETS.

YEAR 8 READING CLUB

WEDNESDAYS 3:10-3:40PM

CURRENTLY READING "WONDER". STUDENTS CAN JOIN USING THE LINK POSTED EACH WEEK ON THE YEAR 8 GOOGLE CLASSROOM.

DIVERSITY AND INCLUSION SESSIONS - 6TH FORM

WEDNESDAYS FROM 3:15PM VIA THE GOOGLE CLASSROOM (SEE LINK)

[HTTPS://CLASSROOM.GOOGLE.COM/C/MTC2MDY2MTI1MTU5?CJC=LKKMB2X](https://classroom.google.com/c/MTC2MDY2MTI1MTU5?CJC=LKKMB2X)

DEBATE CLUB

EVERY THURSDAY FROM 3:20PM

MORE INFORMATION ON GOOGLECLASS:

[HTTPS://CLASSROOM.GOOGLE.COM/C/NZG5NJU5NZU4OVPA?CJC=VLTDQEV](https://classroom.google.com/c/NZG5NJU5NZU4OVPA?CJC=VLTDQEV)

ONLINE CHESS CLUB

EVERY THURSDAY FROM 3:20PM

MORE INFORMATION ON GOOGLECLASS: CLASS CODE - **JQJNW5I**

ONLINE RUNNING CLUB

CAN BE COMPLETED WHENEVER YOU HAVE TIME

CLASS CODE - **ZFPIIDK**

Rowing Sessions

If you want to continue with your fitness, join in with a daily live fitness session Monday - Friday courtesy of London Youth Rowing.

Mon 15th (12.30pm) Coach Isobel
<https://youtu.be/aQQzPa6Blwc>

Tues 16th (4.30pm) Coach Owen
https://youtu.be/qnr_p3nD7es

Weds 17th (12.30pm) Coach Lawrence
<https://youtu.be/csGYtsdATug>

Thurs 18th (9.30pm) Coach Tom
<https://youtu.be/wQ-LD--so4s>

Friday 19th (12.30pm) Coach Rob
https://youtu.be/XKNjNu_rYrU

CAREERS CORNER

There are many more virtual experience opportunities on the [Speakers for Schools website](#) or contact Mr Fidegnon for more info.



SUCCESSFUL PLACEMENTS

Congratulations to the following students who have been accepted onto Virtual Work Experience placements:

Cheani Gregory - NHS
Ayomide Akindayini - NHS

Temi Balogun - NHS
Gisela Antwi - NHS



Royal Air Force International Women`s Day Webinar - Meet our Ambassadors - 10am - midday

Royal Air Force
Virtual Work Experience -

The RAF is seeking to build a workforce fit for the future through Project Astra – Our journey to the Next Generation Royal Air Force to meet the challenges of our shared future.

As part of Celebrating International Women`s Day 2021`s campaign theme: #ChooseToChallenge

- We Challen...

Featured Online 08/03/2021 Favourite

[VIEW OPPORTUNITY](#)



Tesco Virtual Work Experience for Year 10 within the Head Office Finance Department

Tesco
Virtual Work Experience - Online
Calling all YEAR 10 Students....

Are you a problem solver?

Finance is at the heart of Tesco and our Finance team has one of the widest viewpoints in the business – touching every part of the company. Finance at Tesco is about solving real-world business problems and to improve a...

Online 06/04/2021 Favourite

[VIEW OPPORTUNITY](#)



Somerset NHS Foundation Trust - Virtual Nursing Insight Day

Somerset NHS Foundation Trust
Virtual Work Experience -

Join Somerset NHS Foundation Trust on the 13th April between 12:30-15:30 to find out more about different careers in nursing and working in the NHS.

Throughout the session you will have the opportunity to:

- Discover different nursing roles available
- Learn about the rou...

Online 13/04/2021 Favourite

[VIEW OPPORTUNITY](#)



NextGen Nurse: starting as a Healthcare Support Worker

NHS
Virtual Work Experience -

This opportunity will run from 10-12.

Want to be a nurse but not too sure that university or an apprenticeship is right for you? Then join this session to find out about how you can start as a Healthcare Support Worker in the NHS and progress to become a qualified nurse.

Healthcare su...

Online 18/03/2021 Favourite

[VIEW OPPORTUNITY](#)



International Women`s Day 2021: Calling all future women in STEM and business!

Johnson Matthey
Virtual Work Experience -

This opportunity is targeted to girls, but anyone is welcome!

At Johnson Matthey, our vision is for a world that`s cleaner and healthier, today and for future generations. We`re passionate about people and the planet, and we use science to create technology that contributes to healthy and s...

Online 10/03/2021 Favourite

[VIEW OPPORTUNITY](#)



Green Skills 2021. Insight Day - Engineering Green Skills

Sir Robert McAlpine
Virtual Work Experience -

During this Insight Day you will find out about engineering and how much it affects our everyday life.

In the morning session we shall have plenty of interaction where you can get involved and ask questions. Some of our brilliant engineers will tell you what they do and along the way you...

Online 09/04/2021 Favourite

[VIEW OPPORTUNITY](#)

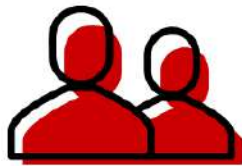
FREE

Online Careers Day 2021



GT Scholars **CAREERS DAY**

Open to Parents & Young People aged 13 to 18
Saturday 27th Feb 2021 | 9.30AM - 4PM



Connect

Learn from university admissions teams, meet professionals from diverse backgrounds & discover careers in high demand



Discover

Join us online to connect with HR professionals, learn about scholarships, bursaries & various opportunities available to you



Create

Find out about universities & apprenticeship schemes, how to create an outstanding CV and map out your career pathway

Register today to choose your online workshops!

<https://careersummit.gtscholars.org>



MAR
01

My Creative Career - Liza Fletcher, Producer/Filmmaker

by Waltham Forest Cultural
Education Partnership

Follow

Free



Register

A live interview with Walthamstow-based Producer/Filmmaker, Liza Fletcher, followed by moderated Q&A session on Zoom

About this Event

Liza's wealth of experience in the film and TV industry is guaranteed to engage anyone interested in pursuing a career in film/broadcasting.

This session will focus on Liza's career pathway and her current work. It will be a live interview with Liza by Sharon Trotter, Waltham Forest Cultural Education Partnership Lead. There will also be an opportunity to ask Liza questions via the moderated chat.

The session will also highlight why creativity is so important to employers and the importance of creative industries to the UK economy.

Who is this for?

This is aimed at children and young people in years 8 to 13 (ages 12-18) but may also be of interest to children in years 6 and 7 (ages 9-12).

This session is free and we welcome children, young people, teachers, parents and carers to join us.

National Careers Week 1-5 March 2021

This event forms part of national careers week. There is also on demand creative careers tutorials premiering [on our You Tube Channel](#) at 9am on Tuesday 2nd March (part 1) and Thursday 4th March (part 2). Other creative careers events during the week are also [on our website](#).

Date And Time

Mon, 1 March 2021
16:30 - 17:30 GMT
[Add to Calendar](#)

Location

Online Event

Welcome to Holy Family Sixth Form

6TH FORM

APPLICATIONS

APPLY ONLINE NOW!

JOIN OUR
OUTSTANDING
SIXTH FORM IN
SEPTEMBER 2021
AND OPEN THE
DOOR TO YOUR
FUTURE!



We have extended our deadlines for Sixth Form Applications -

Internal Holy Family year 11 students: Friday 19th March 2021

External year 11 students: Friday 19th Feb 2021

VIRTUAL OPEN EVENING: [HTTPS://WWW.HOLYFAMILY.WALTHAM.SCH.UK/SIXTH-FORM/ADMISSIONS/](https://www.holyfamily.waltham.sch.uk/sixth-form/admissions/)

APPLICATION PORTAL: [HTTPS://HOLYFAMILY.APPLICAA.COM/YEAR12](https://holyfamily.appliaa.com/year12)


Holy Family Catholic School & Sixth Form
ASPIRE TO THE HOLY FAMILY WAY
SIXTH FORM OPEN EVENING


Holy Family Catholic School & Sixth Form
ASPIRE TO THE HOLY FAMILY WAY
SIXTH FORM OPEN EVENING

1) Why study at Holy Family?



 @HFCSWaltham  @HFCSWaltham  www.holyfamilywaltham.sch.uk

2) Choosing your subjects



 @HFCSWaltham  @HFCSWaltham  www.holyfamilywaltham.sch.uk


Holy Family Catholic School & Sixth Form
ASPIRE TO THE HOLY FAMILY WAY
SIXTH FORM OPEN EVENING


Holy Family Catholic School & Sixth Form
ASPIRE TO THE HOLY FAMILY WAY
SIXTH FORM OPEN EVENING

3) How to apply to Holy Family



 @HFCSWaltham  @HFCSWaltham  www.holyfamilywaltham.sch.uk

4) Frequently Asked Questions



 @HFCSWaltham  @HFCSWaltham  www.holyfamilywaltham.sch.uk

Curriculum Information

[CURRICULUM OFFER FOR SEPTEMBER 2021](#)



[CURRICULUM PATHWAYS 2021](#)



[SIXTH FORM ADMISSIONS CRITERIA 2021](#)



SIXTH FORM LEAVERS 2020 DESTINATIONS



Riordan McLean
City, University of London
Studying: Law

Congratulations!



Julia Musialek
University of Leeds
Studying: Biological Sciences

Congratulations!

Beth McQuarrie
University of Exeter
Studying: History



Orient Mylla

**University Campus of
Football Business (UCFB)**
**Studying: Football Business
& Media**



**Megan Stephanie Madrid
Najman**
University of Oxford
Studying: Law



Peace Ogundipe
University of Kent
Studying: Media Studies



Congratulations!

Congratulations!

Belinda Nanyimba
University of East London
Studying: Public Health



Luke Olarewaju
London South Bank University
**Studying: Economics with
Finance**





Holy Family Catholic School Remote Learning Agreement



You should adhere to and follow these rules when online.

Be Ready

- Use the school resources in the way they are intended to be used.
- Plan and use your time effectively online.
- Know your username and password to all school accounts, i.e Google Classroom, Mathswatch, Seneca etc
- Join all online lessons on time
- Check your accounts regularly so you are up to date with the work set.
- Complete all tasks by the deadline.

Be Respectful

- You should respond in a polite, respectful and appropriate manner to all posts online.
- You should respond in a polite, respectful and appropriate manner to members of staff in online communications (E-mail, Google Meets etc).
- Inappropriate behaviour includes:
 - Complaints about any post, individual or activity.
 - Intolerance towards any individual or group of people.
 - Posting inappropriate images.
 - Using the platform as a form of social media or as a chat forum
 - Posting and sharing information and/or images that are not related to the learning set.
- Report any cyber bullying or harassment immediately.
- Never do or say anything online that you would not do or say offline.

Be Safe

- Set yourself a screen time limit - it is important for your mental health.
- Never share your password or any personal details online
- Do not forward spam. It is not fun and it could damage the computer through viruses embedded in the emails.
- Report any unusual or suspicious online activity.

What happens if I break the rules?

- Any account where inappropriate behaviour is reported or suspected will be suspended immediately.
- Parents will be contacted to discuss the inappropriate behaviour and when it will be reinstated.

Please confirm you have read and agree to these rules by submitting the following form. <http://tiny.cc/HFCSRemoteLearningForm>



REMOTE EDUCATION 10 TOP TIPS FOR PARENTS

Remote education ensures continuous learning outside the classroom. For parents and carers, remote education isn't always straightforward and there can be a number of factors they need to consider, especially around ensuring their children feel comfortable and are familiar with the whole concept. That's why we've created this guide to help parents and carers support their child in getting the most out of their remote education experience.

- 1. TAKE AN ACTIVE INTEREST IN YOUR CHILD'S LEARNING**
 As a parent or carer, your school may have explained how remote education works already, but children may still need help. Take an active interest in their learning and help support them whenever they need a helping hand.
- 2. MONITOR YOUR CHILD'S COMMUNICATION AND ONLINE ACTIVITY**
 It's important to remind your child that despite being at home, the same level of behaviour and conduct exists as if they were at school. Encourage them to remain polite, remember their manners and not to post or send any negative comments just because they are behind a computer.
- 3. ESTABLISH A DAILY SCHEDULE AND ROUTINE**
 Working from home and trying to learn in a more casual setting that children might associate more with play and a degree of freedom might take a bit of getting used to. Try to stick to a daily routine and use the timetable/schedule that schools have sent home to help children keep on top of their daily learning.
- 4. ENCOURAGE SCREEN BREAKS AND PHYSICAL ACTIVITY AWAY FROM DEVICES**
 Remote learning will inevitably require more interaction with computers, laptops and tablets. Teachers will inevitably advise on screen breaks; however, it doesn't hurt to keep a check on their time online or encourage them to get some fresh air/exercise.
- 5. ENSURE YOUR LEARNING DEVICE IS IN PUBLIC SPACE IN THE HOME**
 It's important to consider where your PC or laptop is placed if live video is being used. Try to keep the background neutral, with no personal information visible and move learning devices out of the bedroom as this could be deemed inappropriate.
- 6. IMPLEMENT SAFETY CONTROLS AND PRIVACY RESTRICTIONS ON APPS AND SOFTWARE**
 Dependent on how your school implements remote education, your child may be required to download certain software or apps. Whilst these are likely to be relatively safe to use, like any other new app or platform, parents should still implement safety controls as a precaution.
- 7. ENSURE YOUR CHILD ONLY USES OFFICIAL SCHOOL COMMUNICATION CHANNELS**
 It's important that all communication with teachers and school staff is directed through approved school channels, whether that be through the school's online portal or the relevant secure messaging site.
- 8. FAMILIARISE YOURSELF WITH RELEVANT SCHOOL POLICIES**
 Schools should have a policy on remote education that they can share with parents. Familiarise yourself with this and ensure you know what is expected of teachers and your child during lessons, both online and offline.
- 9. MAINTAIN FEEDBACK WITH TEACHERS**
 Engage in communication with teachers where possible, and try to feed back progress and development as well as any helpful suggestions around the learning process. Be transparent but remain professional and only use official channels to communicate.
- 10. MONITOR YOUR CHILD'S WELLBEING AND MENTAL HEALTH**
 Remote education will likely mean that your child won't get the same level of social interaction and might not see their friends for a while. Keep a check on their wellbeing and try to encourage them to get out as much as they can. Whilst learning from home might seem fun and exciting to start to with, missing out on seeing their friends every day might take its toll.



www.nationalonlinesafety.com Twitter: @nationalonlinesafety Facebook: /NationalOnlineSafety Instagram: @nationalonlinesafety
 Sources: Remote education: good practice. DfE guidance | Safeguarding and remote education during coronavirus (COVID-19). DfE guidance.
 Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 04.11.2020

KEEP READING

Waltham Forest are currently offering a 'click and collect' service from the Walthamstow, Chingford, Leyton, Leytonstone and Wood Street Libraries, and access to e-books.

[Click Here for more information](#)

"Today a reader, tomorrow a leader." – Margaret Fuller



Parenthood...

The most rewarding job in the world

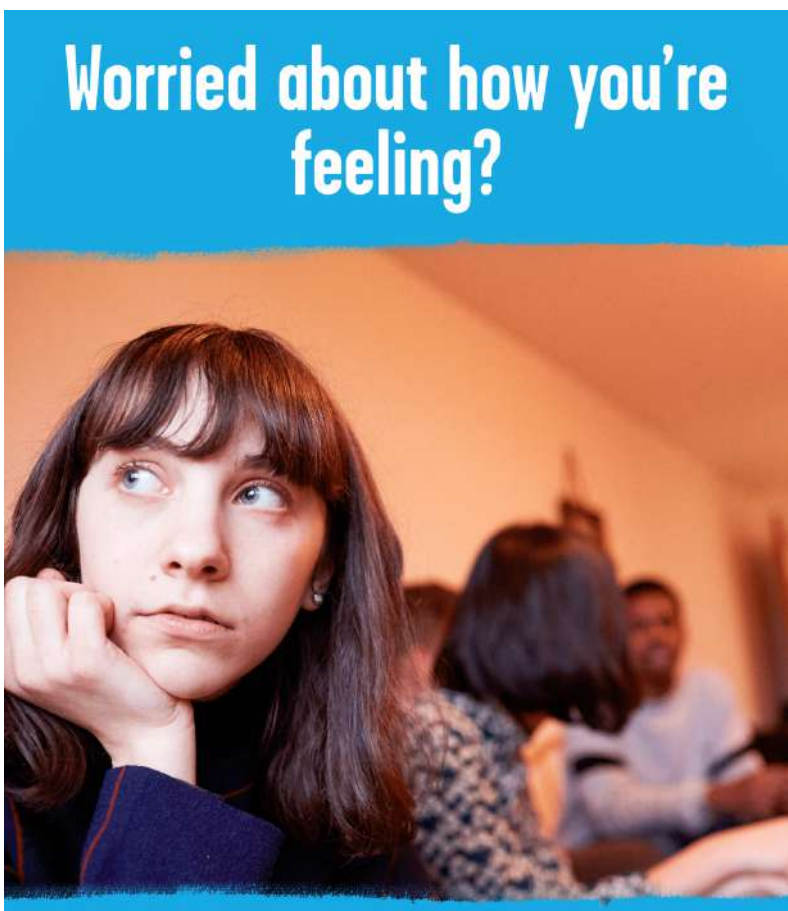
And also the toughest

Need some advice about your child's behaviour or emotions?

Contact YoungMinds' Parents Helpline
 0808 802 5544
youngminds.org.uk/parents



YOUNGMINDS



Worried about how you're feeling?

Check out youngminds.org.uk/find-help

YOUNGMINDS