

FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL
NEWSLETTER



**APPLY NOW
TO OUR
OUTSTANDING
SIXTH FORM
FOR SEPT. 2021!**



HEADTEACHER'S MESSAGE

Quotation of the week

"Genius is one per cent inspiration and ninety-nine per cent perspiration!" Thomas Edison. In other words you have to work hard to be a genius!

COVID Update

As you know I wrote to all parents on Wednesday of this week with an update as to the situation regarding covid infection in the school. We continue to see positive cases and, when we do, we have to trace the contacts of each positive case and determine who needs to stay at home and self-isolate.

If your child shows symptoms of being unwell including loss of sense of taste and smell, high temperature or persistent cough then please do not send them into school. If they have these symptoms they should stay home and you should arrange for them to have a test for covid. It is really important that we do this as each positive case has a knock on effect on other students who then need to go home and self-isolate.

We continue to take advice from the LBWF Public Health team and from the London Corona Virus Response Centre and they are happy with the measures that the school is taking.

Taking a positive approach

It's not so easy to find the positives in life at the moment perhaps. This was the challenge to our colleagues giving assemblies this week, however, and we have seen some excellent and thought provoking presentations on why taking the positive approach, being prepared to fail but to try again, never saying 'I can't do it' but rather 'I can't do it yet' are so important in life.

There is ample scientific evidence that taking a positive approach helps us to cope with stress better, means we are likely to enjoy health benefits such as lower blood pressure and can help us recover more quickly from illness and injury. We are trying to help the students to see the positives in situations even when they don't appear to have gone well and to see failure as an inevitable and necessary step to effective learning.

Thomas Edison, who gives us our quotation of the week, this week conducted 1000 failed experiments when trying to develop his invention, the lightbulb. It wasn't until the 1001st attempt that he saw success.

Parents' surgery

Parents' surgery is currently a remote service. If you would like to speak to me please contact the office on either site and they will let me know that you would like me to call you on Thursday afternoon between 4pm and 5pm.

Please continue to remember us in your prayers and have a good weekend.

With best wishes
Dr Stone, Headteacher





HEADTEACHER'S

COMMENDATIONS



This week we have the following nominations for Headteacher commendations:

Mrs del Prada nominates three students for participating in the production of the Spanish A Level Open Evening video showing maturity, responsibility and reliability and being great ambassadors for Spanish:

Lorraine Peña Garavito in Yr12

Santiago Reyes Aguilar in Yr12

Dalí Ryatt in Yr13

Mrs Maris nominates:

Jordan Lomena in Year 11.

He has shown outstanding resilience since our return in September. His efforts in English have been fantastic, as he has been attending both lunchtime classes and after school. He has made so much progress on the course this year that he deserves recognition.

Finally this week, Mrs Sheikh Omar nominates two Yr 8 students for achieving 98% and 99% in their French reading assessment. They are:

**Abishan Athiraiyan and Juliana Villanueva
respectively**

Well done to all of them!

Chaplaincy Corner

November 22 is the Feast Day of St Cecilia, the Patron Saint of Musicians and Singers.

Jane (Yr 9) is part of our Liturgy Leaders group, and one of her favourite quotes is:

“we all speak different languages, but music is a language we all understand”

Jane says “the reason behind this quote is it’s so pure and meaningful and it has also inspired me to continue playing music”.

Prayer to Saint Cecilia

O gentle Cecilia, sweet voice and melody of the Heart of Jesus.

We come to you to beg your assistance.

Pray for us Cecilia, teach us to sing to glories of God and also for the Glory of God.

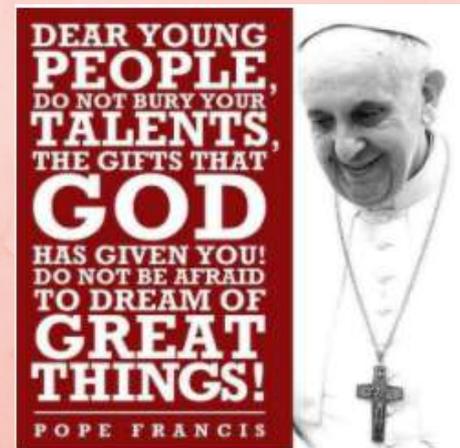
Give us the voice to sing the “Ave” as you did at the hour of your martyrdom.

Pray for us o martyr with a singing heart.

Amen.

St Cecilia, pray for us

Sunday 22 November is also **National Youth Sunday**, celebrated on the **Feast of Christ the King**. National Youth Sunday calls all young people to think about what following Jesus means to them. Holy Family provides an incredible opportunity to help all young people grow, learn and become the people God made them to be. We should also think about what we can do in our schools, parishes and homes to make them vibrant, active and centred on Christ.



Stay safe - Mrs. Grierson, Chaplain

YEAR 9

YEAR 9 HAVE BEEN BUSY THINKING ABOUT AND PROMOTING ANTI-BULLYING WEEK. SEE A SNEAK PEEK OF SOME OF THEIR WORK BELOW:

"BULLYING IS A NATIONWIDE ISSUE THAT IS INCREASING AT A RATE THAT IS ALARMING AND NEEDS TO BE ADDRESSED ON HOW TO STOP IT. IF YOU WITNESS BULLYING IT IS THE BEST TO TELL A TEACHER ABOUT THE SITUATION SO THEY CAN DEAL WITH IT BUT OTHERWISE YOU SHOULD STANDUP FOR THE PERSON BEING BULLIED BY TELLING THE BULLIES THAT THEIR ACTIONS ARE WRONG AND BY TELLING THEM TO STOP AND WAIT FOR A TEACHER TO COME. DON'T BE A BYSTANDER BY JUST LETTING IT HAPPEN AND NOT INTERVENING IN THE BULLYING, BEING A BYSTANDER IS WRONG BECAUSE YOU WOULDN'T LIKE IT IF YOU WERE BEING BULLIED AND NO ONE STOOD UP. ANTI-BULLYING WEEK SHOWS US WHAT TO DO IF WE OR SOMEONE WE KNOW ARE BEING BULLIED AND IT SHOWS US WHAT PEOPLE EXPERIENCED"

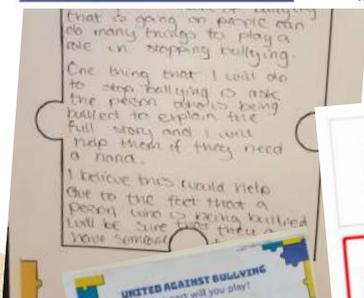
Say Goodbye To Bullying



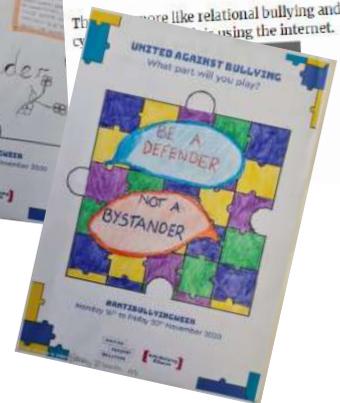
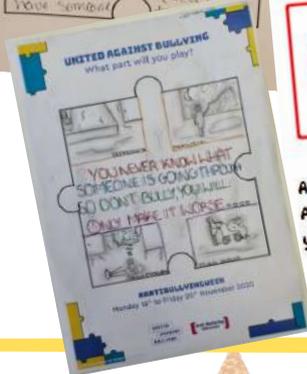
There are many types of bullying like verbal bullying which is when the perpetrator uses harsh, cruel words, name-calling, threatening remarks and insulting behavior to tease the victim.

Another type of bullying is physical bullying which is even more dangerous than any other forms of bullying because it does not just affect the victim mentally but also physically.

There are more like relational bullying and cyberbullying using the internet.



ANY type of BULLYING is NOT ok... And pulling people down will never help you reach the top.

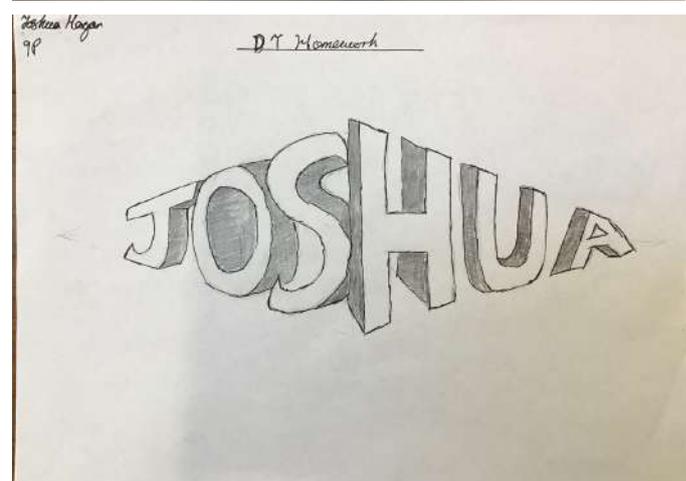
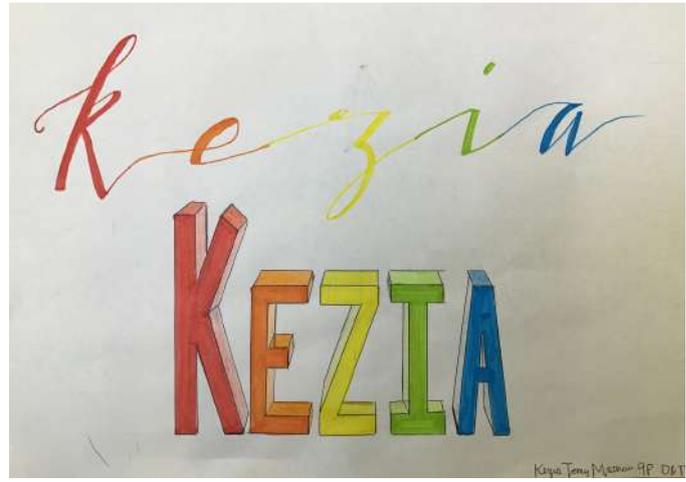
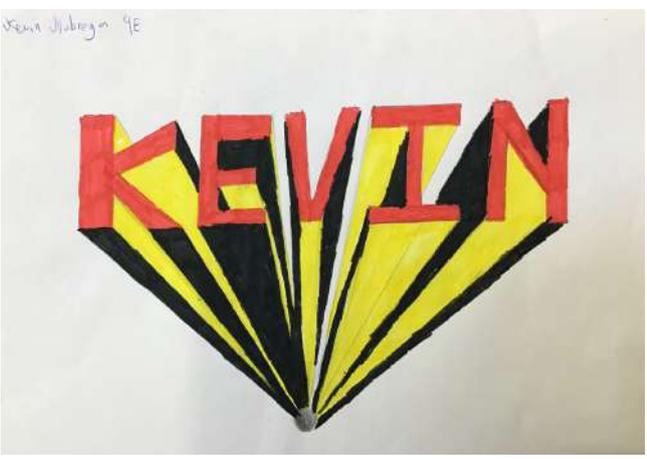


AFTERNOON TEA REWARD FOR STUDENTS WITH 4+ STARS CONGRATULATIONS TO ALL!



D&T ASSEMBLED

Fantastic upcycling & recycling projects and graphics skills shown by students this week



BOOK REVIEWS

BY AMIT SOORAJ - 9S

THE BOOK GRACE IS ABOUT A YOUNG GIRL CALLED GRACE WHOSE FATHER HAS BEEN EXCLUDED FROM GRACE AND HER FAMILY'S CHURCH FOR ASKING QUESTIONS. GRACE IS ELEVEN YEARS OLD IN THIS BOOK. THIS BOOK IS WRITTEN BY THE FAMOUS AUTHOR OF ONCE, THEN, AFTER, SOON, MAYBE AND NOW. IT WAS SAD BECAUSE GRACE WENT THROUGH SO MUCH TO GET HER DAD BACK INTO THE CHURCH. THE MAIN CHARACTERS IN THIS BOOK ARE GRACE, GRACE'S MOM AND DAD, GRACE'S MOM'S DAD AND MUM, GRACE'S TWO YOUNGER TWIN BROTHERS, GRACE'S FRIEND DELILAH, DELILAH'S BROTHER LIAM, MR GOSPER (A CHURCH ELDER), KYLE, MR DENNY AND GRACE'S MOM'S BROTHER (UNCLE VERN). GRACE CAN'T TOUCH OUTSIDERS BECAUSE IT'S A SIN TO DO THAT. SHE CAN EAT OUTSIDERS' FOODS BUT SHE HAS TO MICROWAVE THEM. THERE WAS A PART WHERE GRACE HAD GOT BITTEN BY A LION. I QUITE ENJOYED THIS BOOK BECAUSE IT WAS VERY INTERESTING BUT ALSO VERY SAD. IT WAS SAD BECAUSE GRACE WENT THROUGH SO MUCH TO GET HER DAD BACK INTO THE CHURCH. THIS STORY CAN BE FOR PEOPLE WHO ARE OVER ELEVEN YEARS OF AGE AND FOR ANYONE WHO LIKES SAD AND RELIGIOUS STORIES. I WOULD RATE IT TEN OUT OF TEN BECAUSE IT IS A SUPER BOOK TO READ FOR THOSE WHO LIKE TO READ BOOKS.

BY KEVIN NOBREGA - 9E

BOOK TITLE: 13 DAYS OF MIDNIGHT

AUTHOR: LEO HUNT

WHAT WAS THE BOOK ABOUT? A BOY WHO HAS INHERITED 8 GHOST WHO WANT HIM DEAD.

WHAT DID YOU LIKE ABOUT THE BOOK? THERE WAS A LOT OF ACTION AND MYSTERIES TO BE SOLVED

WHAT DID YOU DISLIKE ABOUT THE BOOK? NOTHING

YOUR STAR RATING FOR THE BOOK 5/5

BOOK REVIEWS

BY CAMERON HINDS - 9E

I FOUND MURDER IN MIDWINTER QUITE AN INTERESTING BOOK. ALTHOUGH I ONLY MANAGED TO GET TO THE MIDDLE OF THE BOOK, IT WAS STILL QUITE INTRIGUING. I THINK THE CREEPIEST PARTS WERE WHEN MAYA AND ZAHRA FOUND OUT THAT THE MAN KILLED HIS OWN BROTHER. ANOTHER CREEPY PART FOR ME WAS WHEN MAYA'S AUNT TELLS MAYA THAT THERE HAS BEEN A DRIVE BY IN THE TOWN NEAR THEM. I FIND THESE MOMENTS PARTICULARLY SCARY, BECAUSE IT PORTRAYS THE IDEA THAT PETER ROMERO IS WATCHING HER EVERY MOVE. OVERALL, I FOUND THIS BOOK GREAT, BUT I WISHED I READ IT MORE

BY JOSHUA MORGAN - 9P

BOOK TITLE: A RISING MAN

AUTHOR: ABIR MUKHERJEE

WHAT WAS THE BOOK ABOUT?

THIS WAS A 20TH CENTURY STORY, PLACED UNDER A YOUNG WYNDHAM, POINT OF VIEW. WYNDHAM IS A DETECTIVE AND WAS INTRODUCED TO A NEW CASE OF MURDER, DOUGH RACIST AND NEGATIVE COMMENTS HITS HIM, HE ALWAYS DODGES IT WITH SMART AND POWERFUL KNOWLEDGE.

WHAT DID YOU LIKE ABOUT THE BOOK?

I LIKE THIS BOOK AS IT CREATES AN ATMOSPHERE OF CRIME AND SUSPENSE TOWARDS THE READER.

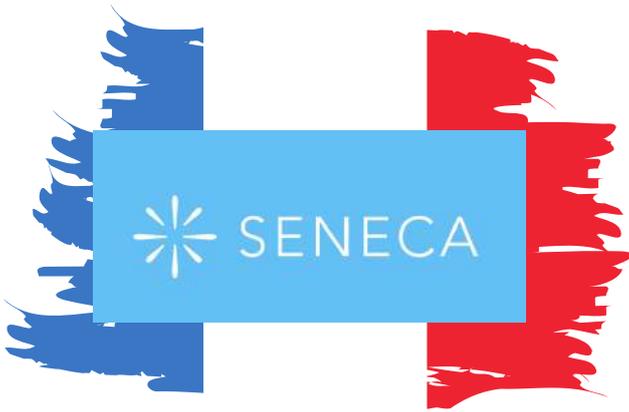
WHAT DID YOU DISLIKE ABOUT THE BOOK?

THE ONLY NEGATIVE I HAVE IS THAT AT THE START IT WAS SLOW STARTED, HOWEVER WHEN YOU START UNDERSTANDING THE PLOT IT IS A JOY TO READ

YOUR STAR RATING FOR THE BOOK 4 STARS

MFL

Well done to the following students who have put in the most hours on Seneca & Active Learn as well as producing excellent work!



**Nevin R., Samira A. P.,
Devonte B., Isabella C.,
Elizabet P., William S.,
Jahiro M.**



**Daniela F., Maria F. P.,
Rory O'C., Shyla C., Keivi K.**



**Jack W., John Q.,
Vincent O., Isabella C.,
Kacper B.**



**Rory O'C., Maria F. P.,
Oscar N., Joshua M.**

Welcome to Holy Family Sixth Form

OPEN EVENING

VIEW ONLINE NOW!

JOIN OUR
OUTSTANDING
SIXTH FORM IN
SEPTEMBER 2021
AND OPEN THE
DOOR TO YOUR
FUTURE!



WWW.HOLYFAMILY.WALTHAM.SCH.UK/SIXTH-FORM/ADMISSIONS/

All the information you need to apply to our Sixth Form you will find on our website. From Loom videos from our Head of Sixth Form about how to apply to short videos from each subject to help you in your decision making. We look forward to meeting you next year.

Our online application portal will be open from Friday 20th November.


Holy Family Catholic School & Sixth Form
ASPIRE TO THE HOLY FAMILY WAY
SIXTH FORM OPEN EVENING

1) Why study at Holy Family?



[@HFCSWaltham](#) [@HFCSWaltham](#) www.holyfamilywaltham.sch.uk


Holy Family Catholic School & Sixth Form
ASPIRE TO THE HOLY FAMILY WAY
SIXTH FORM OPEN EVENING

2) Choosing your subjects



[@HFCSWaltham](#) [@HFCSWaltham](#) www.holyfamilywaltham.sch.uk


Holy Family Catholic School & Sixth Form
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SIXTH FORM OPEN EVENING

3) How to apply to Holy Family



[@HFCSWaltham](#) [@HFCSWaltham](#) www.holyfamilywaltham.sch.uk


Holy Family Catholic School & Sixth Form
ASPIRE TO THE HOLY FAMILY WAY
SIXTH FORM OPEN EVENING

4) Frequently Asked Questions



[@HFCSWaltham](#) [@HFCSWaltham](#) www.holyfamilywaltham.sch.uk

Curriculum Information

[CURRICULUM OFFER FOR SEPTEMBER 2021](#)



[CURRICULUM PATHWAYS 2021](#)



[SIXTH FORM ADMISSIONS CRITERIA 2021](#)



YEAR 11 MOCK TIMETABLE

Week 2					
Mon 23/11/20	9.00 - 10.45	English Language Paper 2: Writers' Viewpoints & Perspectives	1hr 45mins	173	Sports Hall
	11.20 - 12.50	Geography: Human Geography	1hr 30mins	55	Sports Hall
	2.10 - 2.55	French Listening Higher	45mins	30	U42/U43
Tues 24/11/20	9.00 - 10.30	Maths Paper 3 Calc F/H	1hr 30mins	67/106	Sports Hall
	11.20 - 12.30/12.40	French Writing F/H	1hr 10mins/1hr 20mins	17/30	Sports Hall
Wed 25/11/20	9.00 - 10.15	Combined Science F/H: Physics	1hr 15mins	148	Sports Hall
	9.00 - 10.45	Triple Science: Physics	1hr 45mins	25	Sports Hall
	11.20 - 1.20	Hospitality & Catering Practical	2hrs	18	U11
	11.20 - 1.05	Drama: Theatre Makers in Practice	1hr 45mins	18	Sports Hall
	11.20 - 1.05	Sociology	1hr 45mins	40	Sports Hall
Thurs 26/11/20	9.00 - 9.55	History: Conflict in the Middle East	55mins	85	Sports Hall
	11.20 - 12.20	Geography: Physical Geography	1hr	55	Sports Hall
	2.10 - 2.55/3.10	French Reading F/H	45mins/1hr	17/30	Sports Hall
Fri 27/11/20		Catch-up day for missed exams			

Students will need to know their exam candidate number. These can be found on the Exams Noticeboard.

[Click here to visit our website for exam tips.](#)

REMOTE EDUCATION 10 TOP TIPS FOR PARENTS

Remote education ensures continuous learning outside the classroom. For parents and carers, remote education isn't always straightforward and there can be a number of factors they need to consider, especially around ensuring their children feel comfortable and are familiar with the whole concept. That's why we've created this guide to help parents and carers support their child in getting the most out of their remote education experience.

1. TAKE AN ACTIVE INTEREST IN YOUR CHILD'S LEARNING

As a parent or carer, your school may have explained how remote education works already, but children may still need help. Take an active interest in their learning and help support them whenever they need a helping hand.



2. MONITOR YOUR CHILD'S COMMUNICATION AND ONLINE ACTIVITY

It's important to remind your child that despite being at home, the same level of behaviour and conduct exists as if they were at school. Encourage them to remain polite, remember their manners and not to post or send any negative comments just because they are behind a computer.



3. ESTABLISH A DAILY SCHEDULE AND ROUTINE

Working from home and trying to learn in a more casual setting that children might associate more with play and a degree of freedom might take a bit of getting used to. Try to stick to a daily routine and use the timetable/schedule that schools have sent home to help children keep on top of their daily learning.



4. ENCOURAGE SCREEN BREAKS AND PHYSICAL ACTIVITY AWAY FROM DEVICES

Remote learning will inevitably require more interaction with computers, laptops and tablets. Teachers will invariably advise on screen breaks: however, it doesn't hurt to keep a check on their time online or encourage them to get some fresh air/exercise.



5. ENSURE YOUR LEARNING DEVICE IS IN PUBLIC SPACE IN THE HOME

It's important to consider where your PC or laptop is placed if live video is being used. Try to keep the background neutral, with no personal information visible and move learning devices out of the bedroom as this could be deemed inappropriate.



6. IMPLEMENT SAFETY CONTROLS AND PRIVACY RESTRICTIONS ON APPS AND SOFTWARE

Dependant on how your school implements remote education, your child may be required to download certain software or apps. Whilst these are likely to be relatively safe to use, like any other new app or platform, parents should still implement safety controls as a precaution.



7. ENSURE YOUR CHILD ONLY USES OFFICIAL SCHOOL COMMUNICATION CHANNELS

It's important that all communication with teachers and school staff is directed through approved school channels, whether that be through the school's online portal or the relevant secure messaging site.



8. FAMILIARISE YOURSELF WITH RELEVANT SCHOOL POLICIES

Schools should have a policy on remote education that they can share with parents. Familiarise yourself with this and ensure you know what is expected of teachers and your child during lessons, both online and offline.



9. MAINTAIN FEEDBACK WITH TEACHERS

Engage in communication with teachers where possible, and try to feed back progress and development as well as any helpful suggestions around the learning process. Be transparent but remain professional and only use official channels to communicate.



10. MONITOR YOUR CHILD'S WELLBEING AND MENTAL HEALTH

Remote education will likely mean that your child won't get the same level of social interaction and might not see their friends for a while. Keep a check on their wellbeing and try to encourage them to get out as much as they can. Whilst learning from home might seem fun and exciting to start to with, missing out on seeing their friends every day might take its toll.





Walthamstow House Site

1 Shernhall Street, London E17 3EA

Mr P Murphy BSc Hons
Head of Lower School

Tel/Fax: 020 8520 0482 / 4658
Web: www.holyfamily.waltham.sch.uk

Wiseman House Site

30-34 Shernhall Street, London E17 9RT

Mrs A Klitou BA Hons
Head of Upper School

Tel/Fax: 020 8520 3587 / 3594
Email: office@holyfamily.waltham.sch.uk

November 2020

Dear Parents/Guardians,

Please note this letter has been amended to include eligibility information for No Recourse to Public Fund (NRPF) Groups

Changes to free school meal eligibility under Universal Credit

The eligibility criteria for free school meals have been changed. This letter explains the changes and how they might affect you.

What are the new eligibility criteria?

Children are entitled to receive free school meals if they or their parents or guardians receive any of the benefits below.

- Universal Credit, provided you have an annual net earned income not exceeding £7,400 (£616.67 per month)
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit, provided you are not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190, as assessed by HMRC
- Working Tax Credit run-on – paid for 4 weeks after you stop qualifying for Working Tax Credit

I don't currently claim free school meals – what does this mean for me?

If you think you might be eligible for free school meals, please complete the attached form and return it to us.

The information you provide will be used to check if you are in receipt of a qualifying benefit and, if you are on Universal Credit, that your earnings do not exceed the threshold. If you claim Universal Credit, your earnings will be assessed from up to three of your last Universal Credit assessment periods.

If you are eligible we will be notified. Your child will then receive free school meals and the school will receive extra funding.

Cont.

I am currently claiming free school meals – what does this mean for me?

If you are currently claiming free school meals and your circumstances have not changed then you do not need to do anything.

Where can I get more information?

If you need any further information, please contact us or visit the free school meal website: <https://www.gov.uk/apply-free-school-meals>

Coronavirus (COVID-19): Temporary Extension of Free School Meals Eligibility to No Recourse to Public Fund (NRPF) Groups

Eligibility has been extended to include some children of groups who have no recourse to public funds. These groups are:

- Children of Zambrano carers, subject to a maximum household income threshold of £31,500
- Children of families with no recourse to public funds with a right to remain in the UK on grounds of private and family life under Article 8 of the European Convention on Human Rights, subject to a maximum household income threshold of £31,500
- Children of families receiving support under Section 17 of the Children Act 1989 **who are also** subject to a no recourse to public funds restriction, subject to a maximum household income threshold of £31,500
- Children of a subset of failed asylum seekers supported under Section 4 of the Immigration and Asylum Act 1999. This group is not subject to a maximum household income threshold as these families are not able to work.

If you feel you meet this eligibility, please complete the attached form entitled “Application form for Temporary Free School Meals for Families with No Recourse to Public Funds (NRPF)”

Yours faithfully



Carla Segel
Business Director

ASPIRE TO THE HOLY FAMILY WAY

Registration Form for Free School Meals

We want to make sure that we are providing your child with the best education and support we can. Healthy school food has obvious health benefits and can help pupils establish healthy habits for life. Healthy school food can also help to improve pupils readiness to learn.

Families who receive certain benefits may be eligible for free school meals. Your child is eligible for free school meals if you are in receipt of one of the following benefits:

- Universal Credit, provided you have an annual net earned income not exceeding £7,400 (£616.67 per month)
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part 6 of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit, provided you are not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190, as assessed by HMRC
- Working Tax Credit run-on – paid for 4 weeks after you stop qualifying for Working Tax Credit

Registering for free meals could also raise an extra **£935** for the school to fund valuable support like extra tuition, additional teaching staff or after school activities. This additional money is available from central government for every child whose parent is receiving one of the benefits listed above.

To check if your child is eligible, we need information about you and your child. Please complete this form and return it to us as soon as possible.

Application form for temporary free school meals for families with no recourse to public funds (NRPF)

Please complete this application form if you are in one of the following categories and would like to apply for free school meals during the temporary extension as a result of the coronavirus (COVID-19) outbreak.

Eligible categories:

- A Zambrano carer
- Have the right to remain in the UK under Article 8 of the European Convention of Human Rights
- Receiving support under Section 4 of the Immigration and Asylum Act 1999
- Receiving support under Section 17 of the Children Act 1989 AND are subject to a NRPF condition

With exception of those receiving support under Section 4 of the Immigration and Asylum Act 1999, your household income must be less than £31,500 p/a in London.

To fill in this form, all applicants should complete:

- part 1 and 2;
- the relevant section for their category in parts 3-6; and
- part 7, apart from those receiving support under section 4 of the Immigration and Asylum Act 1999.

When completed, please ensure the declaration at the end of the application is also signed.

Further information relating to this temporary extension can be found in the guidance on [providing free school meals during the coronavirus \(COVID-19\) outbreak](#).

1. Child's details

Surname of child	
First name(s) of child	
Date of birth of child (dd/mm/yy)	
Nationality of child	
Address of child	

2. Parent/carer's details

Surname of parent/carer	
First name(s) of parent/carer	
Relationship to child	
Nationality of parent/carer	
Address of parent/carer	
Category applying under: Zambrano / Article 8 ECHR / Section 4 Immigration & Asylum / Section 17 Children Act 1989	

3. Zambrano carers

If you are the holder of a derivative residents card, please share a copy. (A photograph is acceptable) If not, please sign your initials next to each of the following statements to confirm that you meet the criteria.

Carers must meet all of the following criteria to be eligible:

- I confirm that I (the carer/parent) am not a British citizen.
- I confirm that the child is a British citizen.
- I confirm that I (the carer/parent) am a direct relative or legal guardian of the child.
- I confirm that I (the carer/parent) have primary responsibility for the child.
- I confirm that there are no other people in my family in the UK who could look after the child.

Please also complete section 7.

4. Leave to remain in the UK under article 8 of the ECHR

If you have leave to remain in the UK under article 8, please provide evidence of this. Evidence could include a letter from the Home Office granting you leave to remain, or a biometric residence card.

Please also complete section 7.

5. Section 4 of the Immigration and Asylum Act 1999

If you are receiving section 4 support, please provide evidence of this. Evidence could include a letter from the Home Office or local authority

confirming Section 4 support, and should be dated within the last six months.

People applying under this category are NOT required to complete section 7.

6. Section 17 of the Children Act 1989

If you are receiving Section 17 support, please provide evidence of this such as a Child in Need letter from the local authority dated within the last six months.

Please also complete section 7.

7. Evidence of earnings

To be eligible for free school meals, applicants must also be below the maximum household income threshold of £31,500 within London, this equates to a maximum of £2,625 per month and includes any wider income or support you may be receiving in addition to any earnings from employment. Where possible, please also provide a document to show this – this could be a bank statement, a pay slip or an employment contract.

Are you employed?	
If you have a partner, are they employed?	
Is your annual household income, including earnings from employment and any wider support you may be receiving, less than £31,500 per year if you live within London, or less than £28,200 if you live outside of London?	

Declaration of applicant

I (Name)
of (Address)

.....
confirm that the information I have provided above is accurate and true.

I agree that the information I have provided can be shared with the local authority, the Department for Education and other government departments for the purposes of assessing eligibility for a free school meal.

Parent/Carer/Guardian with legal responsibility for care of the child

Signed	
Print name	
Date	

PL84U AL-SUFFA

SERVING HUMANITY ONE PL8 AT A TIME

COVID-19 FOOD BANK

TUESDAY, THURSDAY & SATURDAY

205a Wood St, Walthamstow, London E17 3NU

3PM - 5PM



Charity No. 1168215

Saira: 075 393 64110 - Email: pl84ualsuffa@gmail.com

[f](https://www.facebook.com/PL84U-AL-SUFFA) [i](https://www.instagram.com/PL84U-AL-SUFFA) [t](https://twitter.com/PL84U_AL_SUFFA) PL84U AL-SUFFA @PL84U_AL_SUFFA

PL84U AL-SUFFA REFERRAL FORM Date referral made:	Email: PL84UALSUFFA@GMAIL.CO M Clients details needed for food parcels or baby items.	For office use: Please add dates for collection:
Name and contact details of referring agency:		
Clients Name:		
Address:		
Contact details		
Number of a people in the family: Gender and age		
Dietary requirement Does anyone in the family have allergies?? i.e nuts what type of meat does the client eat i.e pork, chicken, halal only		
Does the client have cooking facilities?		
Does the client have a microwave?		
Please write down a list of food the client will eat, as we are mindful of waste.		
Referrals for items below will only be accepted by professional working with babies, parent/carer (dependant on stock) Milk powder dispenser Manual Breast pump Breast pads Breast care/thermo pads Thermal Tote bag Nappy bag Nappies (please state size)		Office use: please add dates of collection
Please note that you, the referrer would need to organise collection and delivery of the food parcels: You will be allocated a day via an email. Collections: between 5:30pm-6:30pm only Please bring carrier bags. @14 th Walthamstow Scouts Hut 205a Wood Street		



Holy Family Catholic School & Sixth Form
ASPIRE TO THE HOLY FAMILY WAY

Year 7 and 8 Design & Technology Christmas Competition

Design and Make a 3D Penguin.

Prizes to be won for 1st, 2nd, 3rd, 4th and 5th place!

YOU HAVE TO BE IN IT TO WIN IT

Success Criteria

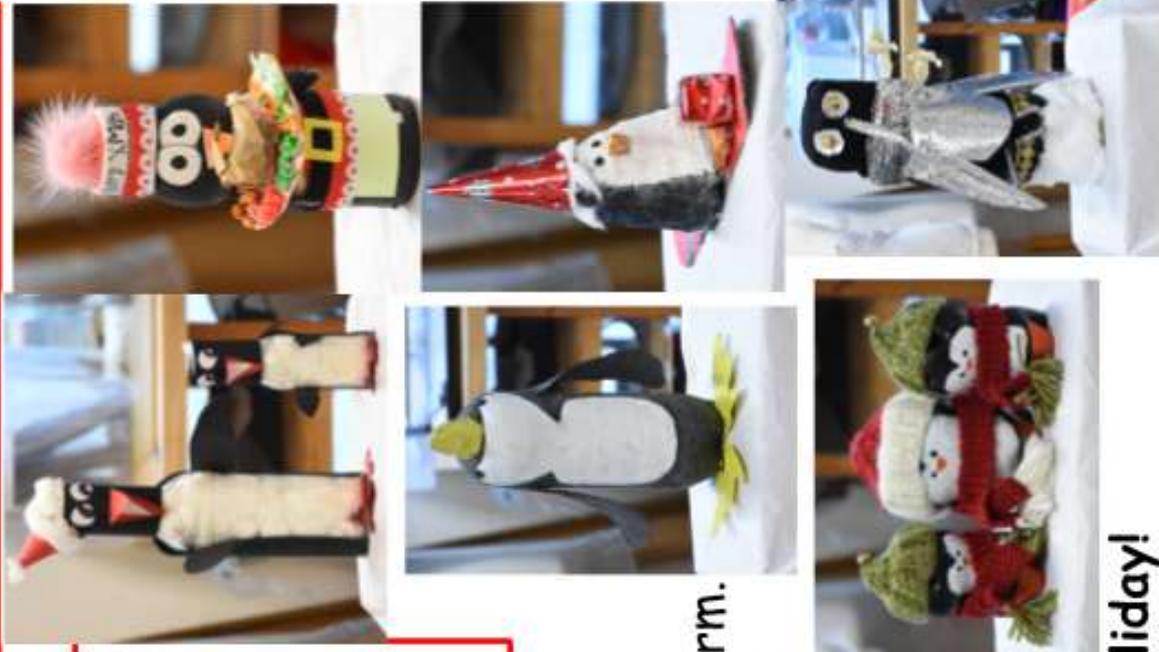
- Your Penguin can be any size.
- It must be 3D.
- You can use ANY material/s of your choice. For example... straw, clay, paint, empty packages, cardboard boxes, wire, tissue, fabrics, paper mache, found objects, etc.
- Be creative! Be imaginative!

Submission

- Submit to any staff member of the DT department.
- Ensure that your Penguin is labelled with your name and form.

Final submission: Wednesday 25th November 2020

Penguins will be displayed on Lower Site as Christmas decorations during the festive season!



Winners will be announced just before the Christmas Holiday!