

FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL
NEWSLETTER

“If you have no confidence in self, you are twice defeated in the race of life” – Marcus Garvey

WEAR IT PINK



SPECIAL!



HEADTEACHER'S MESSAGE

Black History Month

We have been continuing to celebrate Black History month and this week's activities included a screening of a lecture by Black British polymath, Akala. A polymath is someone who is talented in many fields and Akala is a rapper, poet, author, political activist and social entrepreneur among other things. He is supremely intelligent and eloquent in style and deconstructed the accepted history of the UK very effectively. On Thursday 30 students in Yr 8 went on a visit to the Black History archives in Brixton. They were able to learn more about the often hidden history of black people in Britain and see and study primary source historical documents and artefacts.

Gratitude

Part of the Holy Family Way is about gratitude. By this I mean thanking people for the things that they do for us, be that our parents and family members, our teachers and other members of staff and being thankful to God for what we have, rather than resentful of what we don't. Saying thank you is always appreciated by those who help and support us. Thank you to you, our parents, for the support you give to the school and thank you to everyone who has made a voluntary contribution to School Fund this term. If you haven't managed to do so yet, the easiest way is through your parent pay account.

Fundraising

This Thursday we held a wear something pink day to raise both awareness and money for breast cancer charities. It was a great success and our thanks to Ms Warwick and the sixth form prefects for putting a day of cake-selling and promotion together. We have so many excellent students who really care about others, which is very heartening to see.

Yr 7 settling in evening

We had a great attendance from parents at the Yr 7 evening on Thursday - thank you to all who came. Yr 7 have settled very well we are pleased to say and, with very few exceptions the students are punctual, polite and well-behaved. Importantly they seem happy to be part of Holy Family. As ever, should you have any concerns please don't hesitate to get in touch with us.

Parents' surgery

Parents' surgery is every Thursday from 4pm to 5pm on the Walthamstow site. Parents' surgery presents an opportunity to see me, as the headteacher, without an appointment about any concerns that you may have. If ever I am unavailable, a member of the senior team substitutes for me. Please continue to remember us in your prayers.

We have one more week in school and break up for half-term on Friday 25th October at the usual time.

Dr Andy Stone
Headteacher



Headteacher
COMMENDATIONS

This week we have commendations
for a number of students:

The following students for taking
part in a student panel to help
appoint a member of the Learning
Support Team. They were
nominated by Ms Schmidt.

Duncan Reyes

Nate Ford

Grace Price

Pavaram Yogarajah

Alex Nish



Headteacher
COMMENDATIONS

For **Kwasi Owusu** in 8Ri for delivering a fantastic lesson with a full PowerPoint, examples and worksheets for the rest of the students in the year 8 maths class. Kwasi was nominated by Ms Scott.

For **Tiffany Murtinhal** and **Sean Sandoval**, both in Year 9, for excellent starts to the year in English. They were nominated by Mr Myers.



Headteacher
COMMENDATIONS

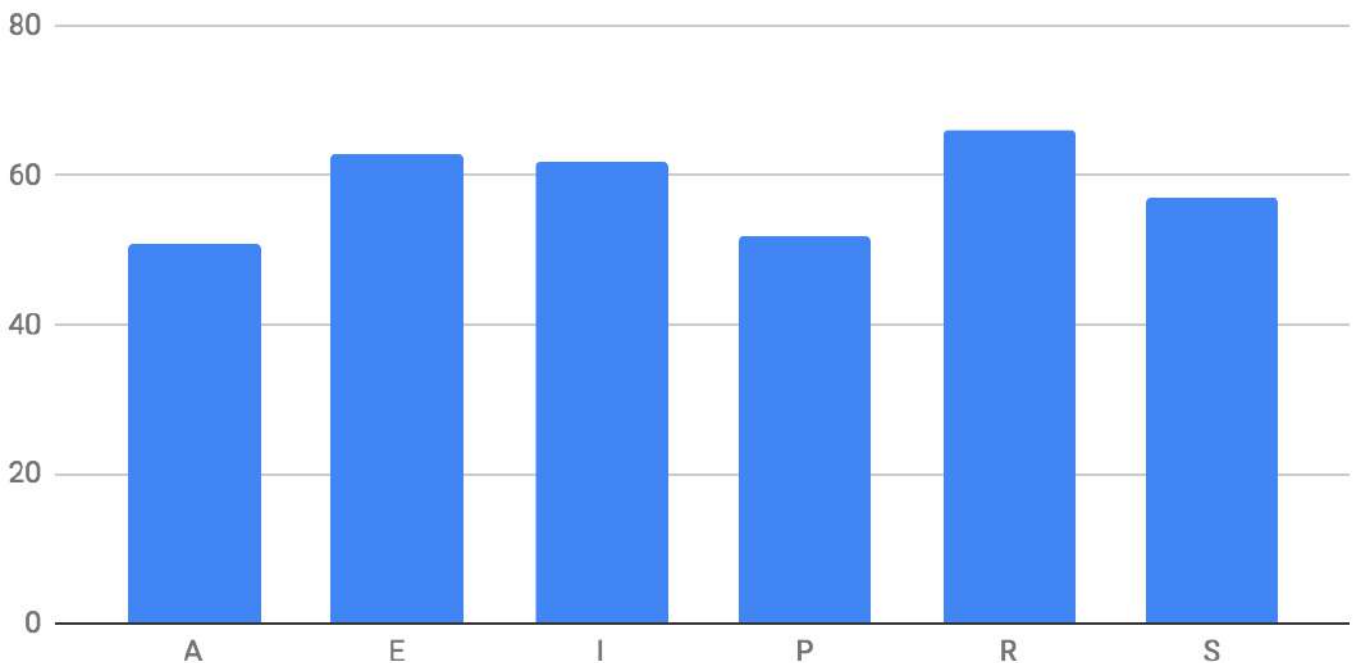
For **Nicholas Akah** in Yr 11 for being an extremely positive role model to his peers during this past week; mentoring younger students, explaining the importance of focus, GCSEs, being truthful, encouraging them to both do and be good and having a positive attitude. Nicholas was nominated by Ms Barry. Well done to all our students receiving commendations this week!

House Competition Fortnight Winners

OUR FIRST HOUSE COMPETITION OF THE YEAR IS OVER, WITH HOUSE RICHARD EMERGING VICTORIOUS ONLY THREE POINTS AHEAD OF HOUSE ELIZABETH!

COMPETITION HAS BEEN FIERCE IN ALL SUBJECTS, FROM DODGEBALL IN PE, TO QUIZZES ON VERB ENDINGS IN FRENCH AND GROUP ALGEBRA IN MATHS. WELL DONE TO ALL STUDENTS FOR YOUR CONTRIBUTIONS TO YOUR HOUSE, AS WE CAN SEE IN THE GRAPH BELOW, THE SCORES WERE VERY CLOSE!

Total House Competition 1



OUR NEXT HOUSE COMPETITION WILL BE OUR HOUSE CHARITY FORTNIGHT, WHERE WE WILL SEE WHICH HOUSE CAN RAISE THE MOST MONEY FOR THEIR CHOSEN CHARITY.

SOCIAL MEDIA CATCHUP



Holy Family Waltham
@HFCSWaltham

First of our Sixth Form Roadshows this evening - find out more about joining our Sixth Form (Sept. 2020 start) at our open evening on Thursday 14th November, 6.30pm 2019 #aspire



14/10/2019, 17:31 from [Walthamstow, London](#)

Tweet your reply



@hfcswaltham



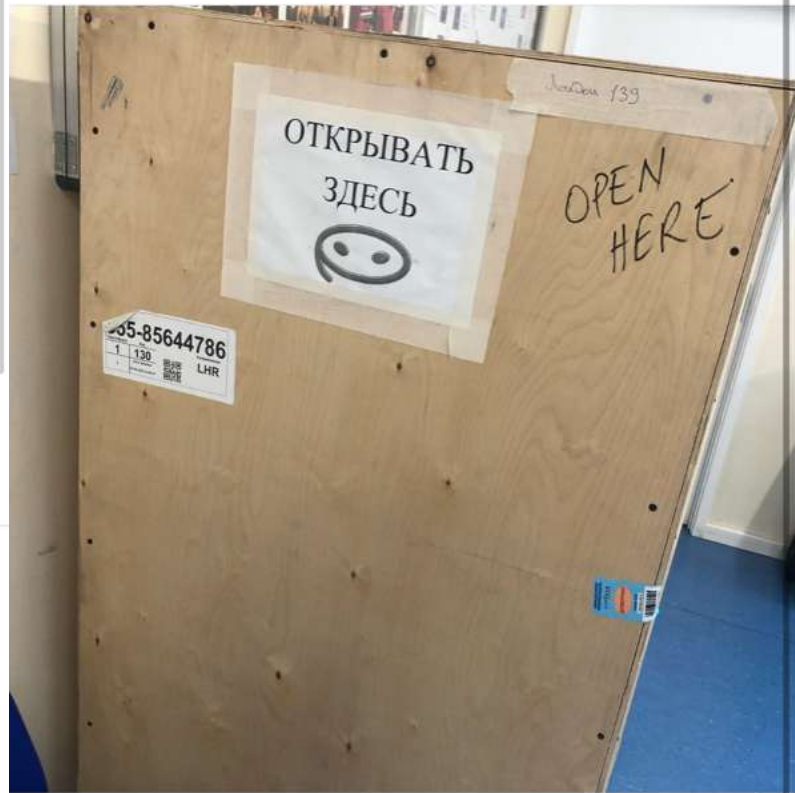
@hfcswaltham



Photo



hfcswaltham



37 likes

hfcswaltham Watch this space...there's a new addition coming to Holy Family...

6 hours ago



Add a comment as hfcswaltham...

WEAR IT PINK

On Thursday 17th Oct the 6th Form Prefects organised a day of pink to help raise funds for the charity Breast Cancer Now

HELP DONATE AT WWW.WEARITPINK.ORG

This week, we held our annual 'Wear It Pink Day' (led by our Sixth Formers) to raise money and awareness against breast cancer for the charity 'Breast Cancer Now'.

We had a variation of events to promote the cause, which was coordinated by our sixth form prefect team. Cake sales from guess the number of sweets to counting the flamingos on the poster were part of the events for the day. Alongside, both students and staff went all out with the pink and styled out the motif for the day ranging from suits, jumpers, bandannas, dresses, badges, shoes and coats. This led us to pick out the best student dressed in pink: Jezreel Copa 12S, with his impressive take on the normal sixth form attire with a pink twist (pictured below far right).

There were many donations given and participation was displayed across all year groups which gave the sense of unison as well as highlighting the issues that young people are eager to educate others about.



WEAR IT PINK

Charity events like these, organised by students especially, gives an insight on how proactive young people are not just with studies but outside too - helping the world and society around them. Being able to coordinate this year's 'Wear It Pink Day' allowed us to take responsibility for something that is mature for us to think about, achieving so much through producing something successful along with giving back to the community and sharing the intention to hopefully help fight off breast cancer completely one day. It was another proud achievement shared by the sixth form just before the next busy months ahead.

Article written by: Mary Jane Viado 13E



BLACK HISTORY MONTH



Neil Kenlock - photographer



Zadie Smith - Novelist and Poet



Frank Bowling - Artist

Black History Month Competition 2019

Produce a piece of writing, art or photography that celebrates and champions black history and culture.

Theme: Celebration

Prize: £25 voucher of your choosing.

Black History Month 2019 Calendar



	<u>MON</u>	<u>TUES</u>	<u>WEDS</u>	<u>THURS</u>	<u>FRI</u>
<u>THEME OF WEEK</u> <u>DISCOVERY</u>	<u>7/10</u> <i>Black History Month Assembly and competition launch lower</i>	<u>8/10</u> <i>Form time resources - <u>Neil Kenlock</u></i>	<u>9/10</u> <i>Lunchtime session - <u>Early Britons and what we know. SAB L09</u></i>	<u>10/10</u>	<u>11/10</u> <i>Form time resource - <u>Stormzy</u></i>
<u>THEME OF WEEK</u> <u>ACTIVISM</u>	<u>14/10</u> <u>BHM QUIZ STS L10</u> <i>Black History Month Assembly and competition launch upper</i>	<u>15/10</u> <i>Form time resource - <u>the Bristol Bus Boycott</u></i>	<u>16/10</u> <i>Akala - <u>Oxford Union 15:20 lecture theatre</u></i>	<u>17/10</u> <i>Trip to the black cultural archives</i>	<u>18/10</u> <i>Form time resource - <u>Darcus Howe</u></i> <i>Lunchtime session - Celebrating historical 'blackness' through hip-hop, rap and grime. <u>SHE L09</u></i>
<u>THEME OF WEEK</u> <u>FUTURE</u>	<u>21/10</u>	<u>22/10</u> <i>Form time resource - <u>gal-dem magazine</u></i>	<u>23/10</u> <i>Lunchtime session - BHM discussion pros & cons - History Dep. <u>L09</u></i>	<u>24/10</u> <i>Final day for competition entries</i>	<u>25/10</u> <i>Final day to submit student surveys conducted during history/politics lessons</i> <i>1st November Young Gifted & Black Awards</i>

BLACK HISTORY MONTH

Black Cultural Archives Trip

Today I had a golden opportunity to visit the Black Cultural Archives to take part in a workshop on Windrush and Post War Britain. It was extremely informative, we had had the opportunity to see and touch items from the Windrush era such as; a jacket that was worn by a man who fought in World War II, a typewriter used by people such as Connie Mack who was a second World War medical secretary, a blue flame heater and a ticket machine.

These items were all highly exciting to see due to the fact that you got to picture how you would feel if you were in the position that they were in. For example the ticket machine would have been incredibly heavy, hard and uncomfortable to carry around their necks which is how they would carry it. After the workshop in the classroom we luckily got to view the amazing exhibition. My interpretation of the exhibition was to showcase beautiful black people and give praise to them! Overall, this experience was exceedingly enlightening and gave me great knowledge on what it would have been like.

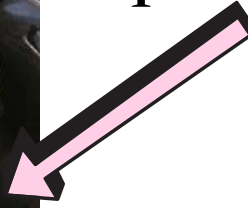
Sianna Xaiver Cruickshank 8S



BLACK HISTORY MONTH



The Four Corners of Hip Hop with Mr Shah!

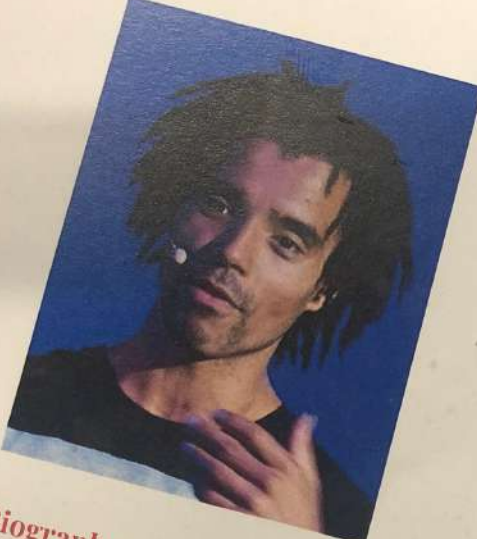


Thank you to the History Department



for another fantastic Black History Month Event

Akala



Outline of lecture

In November 2015 the Oxford Union was rocked to its core by the sheer brilliance of the musician, historian and activist Akala.

In a sprawling and ambitious lecture, Akala challenges established stories and shakes the dominant western narrative to its very core.

From science, to art, from history to the future, Akala armed with his incredible research reclaimed the stories of countless black men and women.

However, as well as race, he is also concerned with class and at the end of his lecture he calls on the education system to make serious changes to its curriculum.

Complex Language guide

- Pan-Africanist - someone who aims to "unify and uplift" people of African descent.
- Scholarship - the established understanding of a subject.
- Foreign policy - A government's actions with or in other countries.
- Distorted - changing something so it cannot be viewed.
- Astronomical observation - the study of the stars and space.

Biography

Akala (rapper) Kingslee James McLean Daley (born 1 December 1983), better known by the stage name **Akala**, is a British rapper, journalist, author, activist, poet and political activist. He is originally from Kentish Town, north London.

Last year Akala published his seminal work *Natives: Race and Class in the Ruins of Empire* in which he combines History with a personal look at the system of racism in the UK and globally.



Gabby rehearsing for one of our Black History Month Assemblies

TIPS

A YEAR IN TO HOLY FAMILY,
YEAR 8 PROVIDE SOME TIPS
AND ADVICE FOR THE NEW
YEAR 7S



DOVYDAS SIMKUS 8R

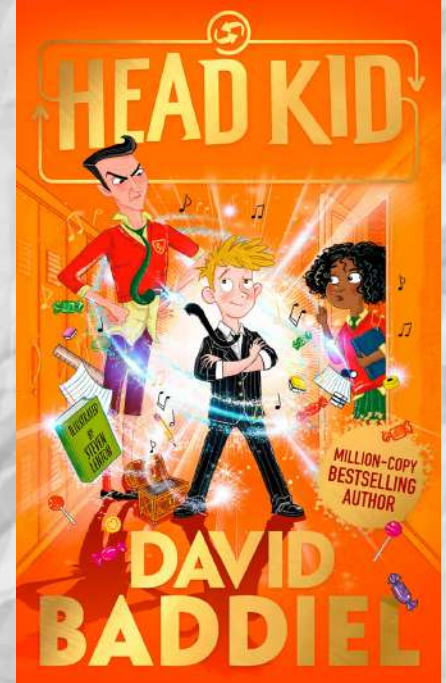
At the start of Year 7 I felt worried that my teachers would be strict and that I would get lost in the corridors. After a few weeks I realised that the teachers are nice if you are good and also that the building was not confusing and that it was very straightforward. Right now I feel confident that I can do well, get good grades and good pathways for my GCSE.

Top Tips

1. Pay attention in class
2. Listen and respect teachers
3. Revise when you can so your learning is of full effect
4. Bring all equipment and do all homework
5. Behave at all times

Year 8 Book Review Corner

Maria's (8E) review of *Head Kid*



The book I've been reading is called Head Kid and that is the book I will tell you about. In the story, it's about the a school called Bracket Wood which was labelled as the worst school and in this school there is the naughtiest kid called Ryan Ward which makes their headteacher leave so they get a new one; the new headteacher is strict called Mr Carter and Ryan does not like him so he pranks him. One day they magically swapped bodies and they had to work together (with the whole school as well) to beat another school which is said to be the best school at a debating competition called Oakscraft.

This book was written in third person but it sometimes include first person thoughts or perspectives. The ending of the book is my favourite part as it teaches you a lesson on how adults are just older children and that society forces them to be serious and the headteacher and Ryan became good friends as he helped save his mum as she was going to die and now the headteacher is less strict and pranked Oakscraft by sending them a box which made them switch bodies in the first place. I recommend this book to children over 10 and adults as it teaches both of us a lesson on how adults and children can learn from each other.

SPORTS UPDATE

**Off to a winning start for the Yr 9 netball team . A fabulous 13 - 9 victory against George Mitchell and then a 5 - 1 win against Buxton.
Well done girls**



Later this week the team march on, with a 15 - 12 win over Highams Park . □ Ms Simpson would be delighted with their progress as she trained this team when they first started in year 7.

TRUE FRIENDSHIP

BY

EMILIA BIEDROWSKA 81

True friendship is when two (or more) people are very close and have a deep understanding of each other and each other's feelings. True friends are with you during your ups and downs and stay on your side no matter what happens. They will always believe you, never doubt you and will respect you and all the decisions you choose in life. True friendship is very special to both people and it is something that will last for life, even if the people live far away from each other and don't meet often.

When life takes a wrong turn and everyone turns away from you, a real friend will be at your side and will help you get through difficult times, as well as understand your problems and will help you solve them.

True friends will also be loyal to you and wouldn't even think about talking behind your back or insult you in public or humiliate and shame you in front of everyone watching. In fact, they will never do that to you. They will also stand up for you and fight for you, and won't be embarrassed to do so. They will encourage you and your choices, wouldn't judge you and wouldn't doubt you for a moment.

True friends will have your back at all times and will be able to notice your sadness while everyone else believes your smile. They wouldn't ever lie to you, about you or expect a lie from you. They care for you and worry about you because you make their life better and they know you're worthy. They will always apologise for whatever they did wrong and will expect the same from you.

True friendship lasts forever despite the circumstances; if it is real, it never ends.

Chaplaincy Corner



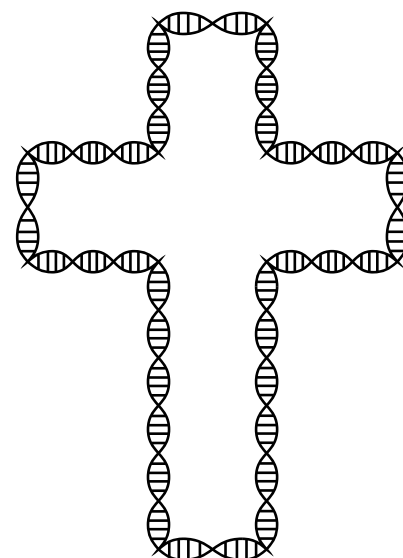
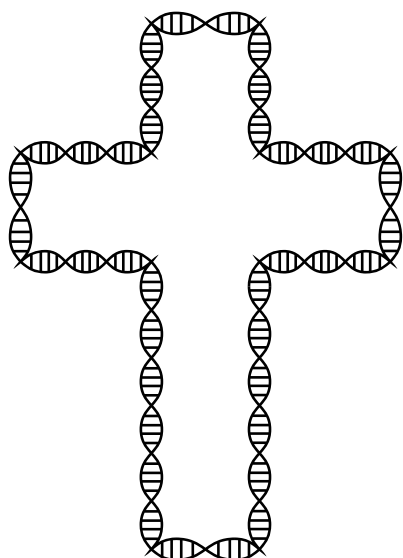
The Year 7 and 8 Peace Club members have been raising money during break time for CAFOD Harvest Fast Day by guessing the number of sweets in the jar.

The sweets have been counted and the winner will be announced during assembly next week. They raised a total of £11.20 which will be added to proceeds from the soup lunch. We're on our way to providing three families with safe, clean water!

Wednesday 16 October is **World Food Day** and Thursday 17 October is **International Day for the Eradication of Poverty** and hunger has been the focus of assemblies this week. One of the surprising figures mentioned is the amount of food we waste in the UK. We see this each day with food being thrown away in school, on the streets and at home. It is estimated that we waste 900,000 tonnes of bread every year in the UK. That's around 24 million slices, or 1 million loaves, *every day*, whilst at the same time people go hungry.

The Lord's Prayer

Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.



Holy Family Year of Sustainability – Live Simply Tip No.4

Use your freezer! Freeze sliced bread and you can make toast straight from the freezer.

Pope Francis writes in his encyclical Laudato Si

#29 "Besides, we know that approximately a third of all food produced is discarded, and whenever food is thrown out it is as if it were stolen from the table of the poor"

Mrs Grierson, Chaplain

Our Lady of the Rosary & St Patrick's

CONFIRMATION 2019-2020: Application forms are now available in the church porch for enrolment into the Confirmation program 2019-2020. This program is open to youth in Year 10 and above who wish to make their confirmation here in St Patricks. Completed forms must be brought back to the Presbytery no later than **Monday 4th November** and will **only be accepted with a copy of the candidate's baptismal certificate attached.**

MFL CERTIFICATE OF ACHIEVEMENT



European Day of Languages

Competiton winners !!!

European Day of Languages



Julia Martens

Sefora Akon

Alexandra Gince

HOME LANGUAGE GCSE

GCSE Students in years 9,10,11 - would you like to do a GCSE in your Home Language?



IF SO PLEASE SEE MRS HEATH OR EMAIL:
MRS.HEATH@HOLYFAMILYCATHOLICSCHOOL.
CO.UK

Fashion and Textiles Club



- > Improve your sewing skills
- > Build confidence using the sewing machine
- > Make a range of products
- > Learn a variety of decorative and construction techniques
- > Beginner's guide to garment making

Who? 15 students in Year 7 & 8

When? Mondays after school
(from after October term).

Where? Wiseman Site - U12

With? Ms Salah

If you would like to be a member of this club you must submit a **letter of application** to Ms Salah by **Wednesday 23rd October 2019.**

Your letter must state...

Why you would like to join this club?

What skills you may already have in this subject area?

And what skills you would like to develop?

Project Examples...

- Poppies for Remembrance Day
- Bookmarks
- Pencil cases
- Fashion illustrations
- Sustainability in Textile Design
- Jewellery making
- Recycled fashion
- Emoji cushions



Year 7 and 8 Design & Technology Christmas Competition

Design and Make a 3D Santa.

Prizes to be won for 1st, 2nd, 3rd, 4th and 5th place!

**YOU HAVE
TO BE IN IT
TO WIN IT**

Success Criteria

- Your Santa can be any size.
- It must be 3D.
- You can use ANY material/s of your choice. For example... straw, clay, paint, empty packages, cardboard boxes, wire, tissue, fabrics, paper mache, found objects, etc.
- Be creative! Be imaginative!

Submission

- Submit to any staff member of the DT department.
- Ensure that your Santa is labelled with your name and form.

Final submission: Friday 29th November 2019

Santas will be displayed across the school as Christmas decorations during the festive season!



Winners will be announced just before the Christmas Holiday!



5



BINGO

NIGHT!



7

Our HCPT group are holding another bingo night to raise funds for their annual pilgrimage to Lourdes. It is always a very fun evening and all the family are very warmly welcome.



2

**Friday
Nov 15
2019**

And 'eyes down' because more details will follow.



*Save the
date!*

**BRITISH
JUDO**



www.focusjudo.co.uk

Book your free trial

The Holy Family Catholic School

1 Shernhall Street, Walthamstow, E17 3EA

Free parking

Fridays 5:10 - 6:00 (5 - 8 years old)

Fridays 6:00 - 7:00 (9 - 16 years old)

#WEAREGBJUDO

NATIONAL POOL LIFEGUARD QUALIFICATION



ROYAL
LIFE SAVING
SOCIETY UK

A close-up photograph of a person wearing a bright yellow t-shirt with 'RLSS UK LIFEGUARD' printed in red. The person has their arms crossed and is wearing a red coiled lifeline on their left wrist. The background is a blurred swimming pool.

**RLSS UK
LIFEGUARD**

RLSS UK National Pool Lifeguard Qualification

Next Course:

Dates: Monday 21st October to Friday 25th October 2019

Times: 9:00am - 5:30pm each day

Course Cost: £265.00 (£50 deposit required when booking)

For more information, please contact: Sylvestrian Leisure Centre, Forest School, College Place, London, E17 3PY

T: 020 8509 6526

E: enquiries@sylvestrian-leisure.co.uk

W: www.sylvestrian-leisure.co.uk



[Facebook.com/RLSSUK](https://www.facebook.com/RLSSUK)



[@RLSSUK](https://twitter.com/RLSSUK)

OST. JOSEPH'S CATHOLIC INFANT SCHOOL
ANNUAL

Firework Display

Saturday 9th November

4.30-6.30pm

CHILDREN'S ENTERTAINER
(MR. SKITTLEMAN) PLUS LOTS OF OTHER
ACTIVITIES.

TICKETS AVAILABLE ON THE DOOR OR IN
ADVANCE VIA THE SCHOOL OFFICE OR
EMAIL:
OFFICE@ST-JOSEPHS-INF.WALTHAM.SCH.UK

GIRL'S CRICKET SESSIONS

Wanstead Leisure
Centre, E11 2JZ

Wednesdays
5:30pm to 6:30pm
Ages 10 to 18 years

Contact:
sabanasim@hotmail.com
07738 090948

Leyton Urban Cricket
Hub, E10 6RJ

Tuesday (from Nov 5th)
4pm to 5:15pm
Ages 10 to 15 years

Contact:
claire.smith@essexcricket.org.uk
07834 829086