

# FAMILY MATTERS

HOLY FAMILY CATHOLIC SCHOOL  
NEWSLETTER

## A Fabulous Day of Rowing!

Cont. Pg 11

## Nelson Mandela Exhibition

Cont. Pg 6



# HEADTEACHER'S MESSAGE

## Quotation of the week

*"So in everything, do unto others what you would have them do to you, for this sums up the Law and the Prophets"*  
*(the Golden Rule from Matthew 7:12).*

*"...Love your neighbor as yourself..."*  
*(Luke 10:2)*

These verses are known as the "Golden Rule" verses teaching us how we should try to live our lives.

How we treat others is important and it is the first thing I want to highlight this week. We are fortunate to have a dedicated and highly committed staff at Holy Family who truly care about our children. In a school there are times when there will be conflict and disagreements: sometimes between children and sometimes between children and staff. We work in loco parentis, which means 'in the place of the parent' when the children are in school. Young people sometimes make mistakes. It is our job to correct them when they do, show them the right path and sometimes to sanction them. This does not always meet with the approval of the child. Sometimes children go home upset and tell us parents that a teacher punished them for no reason, or treated them unfairly. I have heard it myself as a parent more than once. I and the staff are human and sometimes we make mistakes.

If you have an issue or a concern we are here to listen and speak to parents about the matter. I try to set an example in this regard by holding my weekly surgery so that parents can come to me if they are not happy about something. Very often issues are resolved by listening to parental concerns, explaining the school's point and seeking a way forward together.

What is not acceptable is when a small minority of parents send what I can only describe as ill-mannered, abusive and ranting emails to members of our staff. However upset you may be there is no justification for personal abuse of staff, or the nasty and threatening tone of some emails, suggesting that a parent will go to the media, a solicitor or Ofsted or the council or whoever else unless they are phoned immediately or a sanction overturned forthwith. It is unfair to the member of staff to receive emails such as this, or to face abuse down the phone. Put simply it is unacceptable. It has been disappointing to have had several instances of unacceptable parental behaviour this week.

# HEADTEACHER'S MESSAGE

If a GP were spoken to, or emailed in this way, it is highly likely the patient would be told to find another practice. There is no excuse for phone, email or face to face abuse and it will not be tolerated.

I know I am addressing only a small minority and we very much value the support of the overwhelming majority of parents who understand and appreciate that working with 1200 young people can be challenging.

My message then is this: if you are unhappy about something you are very welcome to tell us, but do so in a courteous and civilised manner. Please do unto others as you would have them do unto you.  
Thank you.

## **Parents' surgery**

Parents' surgery is every Thursday from 4pm to 5pm on the Walthamstow site. If ever I am unavailable, a member of the senior team substitutes for me.

*Please continue to remember us in your prayers.*

**Dr Andy Stone**  
**Headteacher**



# Headteacher Commendations



This week we have commendations for:  
**Rohan Farquhar of 10I** for showing younger students the Holy Family way in action.  
Rohan was nominated by Mrs Gaynor.

For **Victor Idowu, Andre Manansala and Angela Amazigo** for their amazing work ethic and a real interest in A level business.  
The students were nominated by Mrs Cesario.

# PAULINE SSEMUGUMBE 11A



**Reporter Chloe Contaldo is on the hunt to find out what's next for our year 11 students...**

### ***What are your short-term aspirations for the future?***

As I spoke to Pauline, I found out loads about what she wants to do in the nearby future, as well as her upcoming plans for the next few years. "I would love to attend Sixth Form and definitely take Sociology and Psychology due to the interest I find in both subjects. Furthermore, I've enjoyed studying Sociology at GCSE level and would love to explore more about it by continuing it on as an A-Level – and perhaps even further on in my future! An upcoming trip of mine is to Dominica in which I was selected for to participate in after long weeks of fundraising activities and interviews, but it was definitely a worthwhile process."

### ***Do you have any personal goals for the future?***

While speaking to Pauline, I discovered about her many aspirations for the future.

"One of my main future goals is to be happy, and broaden my knowledge of various people and cultures in the world by travelling around the world. For example, I would love to travel around Africa to increase my understandings of my family background and also help those who are less fortunate. In addition, I would love to settle down and have a family of my own one day."

### ***Where do you see yourself in five years' time?***

"In five years', time, I could envisage myself having just finished university, or perhaps having just finished travelling around the world. At university, I would love to study law, because it would hopefully help me pursue my dream career of becoming a lawyer when I am older. Becoming a lawyer has always been something I have wanted to do because I would want to help victims of severe crime reach justice and I would also like to help those who are unable to afford a lawyer, so that they can receive justice as well."

# Nelson Mandela Exhibition

Last Wednesday, year 12 history and politics classes went to the temporary Nelson Mandela Exhibition.

As a politics student, it gave me the chance to truly realise how hard it was to actually break the segregation between black and white people during the time of the Apartheid. From the visit, I had the opportunity to feel a fraction of the type of pain that coloured people had to go through and how tough the segregation must have been for them. It is inexplicable how they were all able to work together to overcome it in the end - but sadly we still have traces of segregation still occurring within present time. In some way it was overwhelming to see the displays because it established how hard Mandela had to work and rebel to actually find some equality within the world that he lived in and for the future too.



# Nelson Mandela Exhibition

I'm sure that the rest of the people that did go have taken something important from this trip along with being grateful for all the things we have right now, whether it be within democracy or within society itself. We ought to thank Mr Mandela for his hard efforts and sacrifices for the sake of us living in a primarily diverse world.

*"The values of human solidarity are that once drove our quest for a humane society seen to have been replaced, or are being threatened, by a crass materialism and pursuit of social goals of instant gratification."* -Nelson Mandela

Mary Jane Viado Year 12



# YEAR 7 MATHS HOUSE COMPETITION

During period 1 and 2 on Wednesday the 15th of May we held our inaugural year 7 annual mathematics house competition. Our six house each had six representatives, who were the top six students in the year for their house after an assessment that tested their logic and problem solving skills. The competition started with a Crossnumber round, each house split in half with no verbal communication allowed, but each half reliant on the answers from their house associates - how to communicate without talking? This was followed by the interim speed shuttle round. One designated runner per team, six questions, two chances per question and a countdown timer on the screen to apply some more pressure!





# YEAR 7 MATHS HOUSE COMPETITION

The tough part here was to answer question two, you needed question one to be correct. The final round consisted of 10 questions, 45 minutes and total freedom. How to tackle this one? Divide and Conquer? 6 heads better than 1? 1 question each? This was completely up to our house teams. There was a lot of head scratching, moments of inspiration, moments of frustration followed by that feeling of elation when something dawns and they had the lightbulb moment! At the end, there could only be one winner, the results are shown below:

1st place: House Philomena, running away with it with 75 points

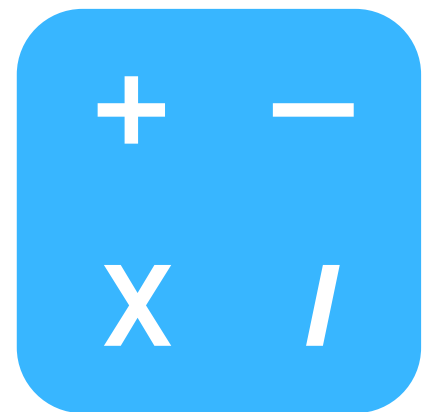
2nd place: House Richard with 47 points

3rd place: House Stephen with 45 points

4th place: House Anne with 44 points

5th place: House Ignatius with 43 points

6th place: House Elizabeth with 41 points



# SOCIAL MEDIA CATCHUP

You Retweeted



**HolyFamily6thform**  
@HF6thform

Shortlisting for the new senior student leadership team taking place today



16/05/2019, 09:23

1 Retweet 5 Likes



Tweet your reply



@hfcswaltham



@hfcswaltham

Photo



**hfcswaltham**  
Walthamstow, United Kingdom



48 likes

**hfcswaltham** Intense storyboarding today in A Level Film Studies #aspire #film #nea

21 HOURS AGO



# SPORTS UPDATE

**A Fabulous Day of Rowing!**



**Our year 9 girls had a great day of rowing at Fairlop Rowing Club this week**

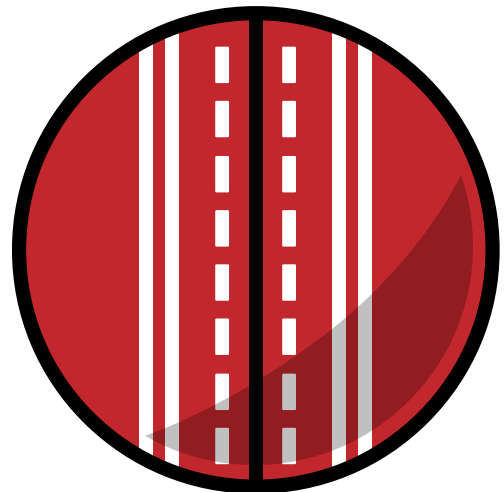


# SPORTS UPDATE

## A Day of Cricket!



Thanks to [@gmatschool](#)  
[@HFCSWaltham](#) & [@NorlingtonSch](#)  
for attending the [#KwikCricket](#) festival  
[@leytonorientfc](#) yesterday facilitated  
by [@EssexCCB](#) Great weather, fun,  
laughter and skills on show!  
[#Community](#) [#Diversity](#) [#NewFriends](#)  
[#OnlyOneOrient](#)



# How it feels to be year 13 leaving this year



With exams fast approaching it's almost time to say goodbye to our year 13s. We hear from them on this final stretch...

This last year has been and will definitely be the hardest, this not only referring to the huge exams and how they determine our future but in terms of our personal lives too, once we leave most of us are going in totally opposite directions at different Unis, and I think this is one of the most challenging parts to internalise.

These past seven years spent at this school, have given me lifelong friendships and have helped me grow into who I am today but once next September starts, I'll be in completely different city, in a completely different 'school' with completely different people, and that part is really scary, but it's one of the steps to growing up. So I'm sure it will all work out fine and I'll be able to adjust perfectly fine just the way I adjusted at Holy Family when I began in year 7,

I'm glad I chose Holy Family as my secondary school and I hope in 10/20 years I'll be able to find myself at a reunion, reconnecting with people I shared seven years of my life with. - Chelsea Dandoczi 13S

*Time to Pause*

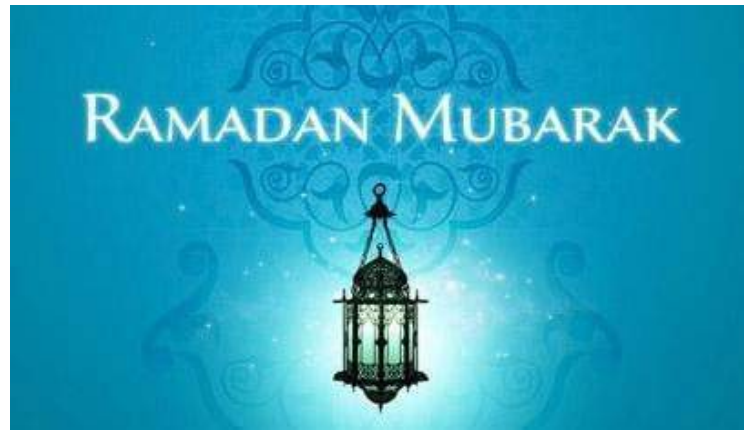
# CLASS OF 2019

Last Friday groups of year IIs had the opportunity to take some time out to chill before the exams started this week. They worked with a coach who gave them tips on getting mentally prepared.



They had the chance to blow bubbles, have a face mask and some sweet treats!

# Chaplaincy Corner



As part of Mental Health Week, the Year 7 and 8 Peace Club shared ideas about how they could support friends who may be going through difficult times.

We also learnt about St Dymphna, whose Feast Day is 15 May. She is the patroness of stress, anxiety and mental health. Born in 7th century Ireland, her mother died when she was a young girl. Her father became insane at his loss and desired to marry St Dymphna. She fled to Belgium with her pastor to escape her father's desires. Eventually finding her, he killed the pastor before demanding her hand. She refused and was martyred by his sword at the age of 15.

*We continue to keep in our prayers, students who will receive the Sacrament of Confirmation on Wednesday at Our Lady & St George parish, and others who will be making their Confirmation in the coming weeks.*

The holiest month in the Islamic calendar, which sees Muslims undertake a 30-day period of ritual fasting and abstinence, has begun. Ramadan marks the month when Allah revealed the Quran to the Prophet Muhammad. For 30 days, Muslims around the world do not eat from dawn to dusk, pray intensely and gather for nightly feasts to break the fast.

Observing Ramadan is one of the Five Pillars of Islam, the five duties that are obligatory for every Muslim. Muslims fast as an act of worship, a chance to get closer to Allah and a way to become more compassionate to those in need.

# Chaplaincy Corner



These are all photos of food or drinks that you might find in your local supermarket, but do you know what they are before they are processed?

This was the question posed to the Year 9 Justice & Peace group to start a discussion about how much we know about the food we eat, leading to a discussion about Fairtrade and what it means to the producers – who often never see the end product as we know it. (Find the answers at the bottom of the page)

Answers: 1: Cashew 2: Tea 3: Cocoa (chocolate) 4: Sugar 5: Coffee 6: Vanilla Pods



# MFL CORNER

## ELLE FANNING

***Elle est la plus jeune membre du jury à Cannes !***

La jeune actrice américaine va participer une nouvelle fois au Festival de Cannes. Cette fois-ci, elle va faire partie du jury. Une récompense pour Elle qui a commencé le cinéma très jeune.

Le Festival de Cannes veut être le plus prestigieux festival de cinéma au monde. Pour y parvenir, il fait très attention à sa sélection d'acteurs, de cinéastes, de films... et de membres du jury !

« Les films qui sont sélectionnés sont réalisés par les plus grands cinéastes, explique le responsable du festival. Les membres du jury doivent aussi être de très grands artistes. »

Elle Fanning a commencé le cinéma à 18 mois. Depuis, elle a joué dans beaucoup de films avec des acteurs très talentueux. En 2016 et 2017, elle était à Cannes pour présenter des films où elle avait un rôle important. Cette année, sa responsabilité est différente mais elle est aussi grande : elle doit décider qui gagnera la Palme d'Or ! Résultat le 25 mai...

***T'intéresses-tu aux festivals cinéma ? Pourquoi (pas) ?***

***Que penses-tu des films où a joué Elle Fanning ? Pourquoi ?***

***Que penses-tu de sa sélection comme membre du jury ? Pourquoi ?***



# MFL CORNER

## VENGADORES

### Récord en taquilla

La película Vengadores: Endgame se estrenó el 25 de abril. ¡En una semana hizo 144 récords de taquilla!

El 25 de abril, Vengadores: Endgame registró 156,7 millones de dólares de beneficios en un solo día. ¡Es un récord! Por ejemplo, La Guerra de las Galaxias: El despertar de la fuerza hizo 119 millones de dólares el primer día.

En su primer fin de semana, la película ha hecho 350 millones de dólares. Son 100 millones de dólares más que Vengadores: Infinity War.

La película batió récords en 44 países. Por ejemplo, China, el Reino Unido, España, Francia, Brasil y Argentina.

Después de una semana en el cine, los récords continúan.

**¿Te interesa esta película? ¿Por qué (no)?**

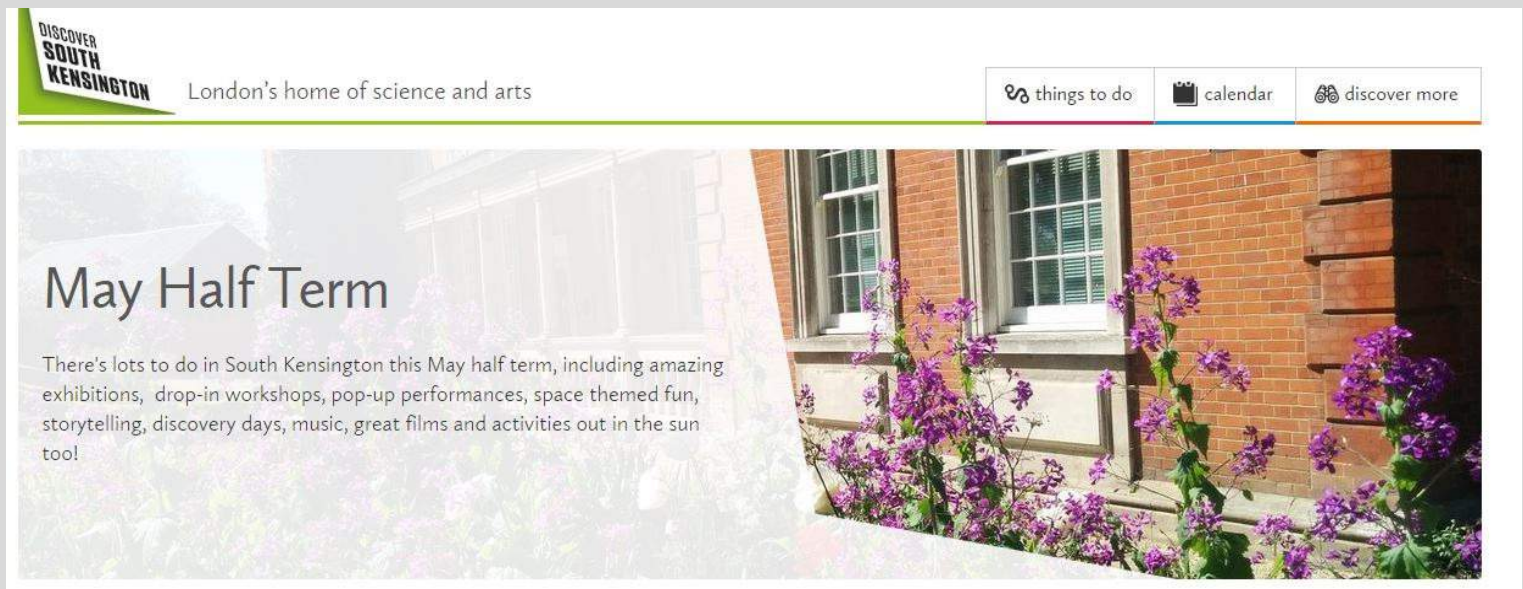
**¿Te gustan las películas de superhéroes? ¿Por qué (no)?**

**¿Cuál es tu superhéroe o superheroína favorita? ¿Por qué?**

**¿Cuál es tu tipo de película favorita? ¿Por qué?**



Looking for something to do  
this half term? Check this  
out...



The image is a screenshot of a website banner for 'Discover South Kensington'. The banner features a background image of a brick building with windows and purple flowers in the foreground. On the left side, there is a white box containing the text 'May Half Term' and a paragraph describing activities. On the right side, there is a navigation bar with three buttons: 'things to do', 'calendar', and 'discover more'. The 'Discover South Kensington' logo is in the top left corner, and the tagline 'London's home of science and arts' is below it.

**DISCOVER SOUTH KENSINGTON** London's home of science and arts

[things to do](#) [calendar](#) [discover more](#)

## May Half Term

There's lots to do in South Kensington this May half term, including amazing exhibitions, drop-in workshops, pop-up performances, space themed fun, storytelling, discovery days, music, great films and activities out in the sun too!

South Kensington has lots of  
exhibitions, workshops and discovery  
days, click the image above to find  
out more.



**Holy Family Catholic School and Sixth Form  
invites you to the**

# **BTEC CELEBRATION EVENING**

**12<sup>TH</sup> June 2019**

**3.30 p.m. to 5.30 p.m.**

**At The Aquinas Centre  
(Sixth Form Block)**

*Students bring your ticket for **ENTRY** and Food!*

*(Year 13 students only)*



# LONDON YOUTH GAMES



## 2019

### TEAM WALTHAM FOREST LYG19 SELECTIONS

**BADMINTON - Y7 - Y12 EVERY TUE 7PM - 9PM**

PASTURES YOUTH CENTRE LEYTONSTONE E11 3DR (FREE)



**AQUATHLON - Y7 - Y11 27<sup>th</sup> JUNE 5.30PM - 7PM FAIRLOP WATERS - BARKINGSIDE (FREE)**

REGISTER IN ADVANCE FEEL.GOOD@WALTHAMFOREST.GOV.UK



**TABLE TENNIS Y7 - Y12 MALE & FEMALE PLAYERS WANTED**

REGISTER NOW FEEL.GOOD@WALTHAMFOREST.GOV.UK



**CYCLING - Y7 - Y12 MALE & FEMALE CYCLIST WANTED**

REGISTER NOW FEEL.GOOD@WALTHAMFOREST.GOV.UK



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## #THISISLYG

**FREE GIRLS  
CRICKET  
COACHING!!**

# LEYTON WICKETZ GIRLS

Leyton Sports Ground, Crawley Rd, London, E10 6PY

8<sup>AGE</sup> - 15

4:30<sup>PM</sup> - 5:30<sup>PM</sup>

EVERY  
**MONDAY**

FOR FURTHER INFORMATION CONTACT

**ADNAN CHOUDHRY**

+44 07791 722 263

[adnan.choudhry@capitalkidscricket.org.uk](mailto:adnan.choudhry@capitalkidscricket.org.uk)

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*Feel  
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**5.30PM - 7.00PM**

**FAIRLOP WATERS ROWING CLUB**

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**Y7 - Y11**

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# RESIDENTIAL SUMMER CAMPS 2019

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**10th - 15th  
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**CHECK OUT OUR VIDEOS ONLINE: [YOUTUBE.COM/LETMEPLAYSPORTSCAMPS](https://www.youtube.com/letmeplaysportscamps)**





A LEVEL + GCSE ART + PHOTOGRAPHY



# EXHIBITION

REFRESHMENTS AVAILABLE  
ALL WELCOME

FRIDAY 14TH JUNE 3PM - 6.30PM

DRAMA STUDIO, WISEMAN SITE  
34 SHERNHALL STREET, E17 9RT



THE FRIENDS OF THE HOLY FAMILY CATHOLIC SCHOOL &  
SIXTH FORM INVITE YOU TO THE...



**SUMMER  
FAIR**

**SATURDAY 29TH JUNE**

ADULTS 50P  
CHILDREN/CONCESSIONS 20P

**12PM - 4PM**  
**WALTHAMSTOW HOUSE SITE**