

# HFCS BULLETIN

*Weekly bulletin for parents & carers*

TIMETABLE: WEEK 1

## Calendar

**Monday 3rd March**

SEND Surgery 3.15 - 4.15pm



**Tuesday 4th March**

**Wednesday 5th March**

**Thursday 6th March**

**Friday 7th March**

## Catholic Life Calendar

Catholic Life and Mission

9 March 2025 - 1st Sunday of Lent Year C

Luke 4:1-13 Jesus was led by the Spirit in the wilderness and tempted by the devil

To remind us that Lent is a time when we are tested, the first Sunday of Lent is always about the testing of Jesus. By our fasting and whatever extra little offering we make to the Lord during Lent may be, we enter into solidarity with the hardship undergone by Jesus in his Passion.

Lent 2025

Ash Wednesday services and distribution of ashes were attended by all students. We are also praying the Angelus at noon throughout the school. Year 7 and 8 students will also be attending Stations of the Cross throughout Lent.

Ramadan 2025

Two spaces are available for our Muslim staff and students to pray each lunchtime.

14 March - CAFOD Fast Day

This Jubilee year, Pope Francis has called on us to be 'Pilgrims of Hope'. This is CAFOD's mission - to bring your love for your neighbour to people suffering the impacts of war, global debt and climate change and to give them the support, skills and tools they need to find their hope for the future. If you are able to make a donation, you may like to offer this through our [CAFOD Big Lent Walk](#) fundraising page.

CAFOD Big Lent Walk

Years 7 and 8 will once again be taking part in the Big Lent Walk. Our school community will join thousands of others to help fight global poverty in countries like Afghanistan, Colombia, the Democratic Republic of the Congo and South Sudan. Sponsorship forms will be available next week and our [just giving page](#) is live. Thank you to the PE department for making this possible.

By your fasting, almsgiving and prayer, may you experience His love in a new and lasting way.

Denise  
Chaplaincy



## Headteacher's Update

Dear Parents and Carers,

As we come to the end of the first week of Lent, I am reminded of the importance of this season — a time of reflection, prayer, and renewal. In school, we are marking this sacred time by coming together each day at noon to **pray the Angelus**. This beautiful tradition helps us pause in the midst of our busy day, turning our hearts and minds towards God. I encourage you to find moments of stillness and prayer in your own homes, joining us in spirit as we journey through Lent together.

I would also like to take a moment to celebrate the efforts of our Year 11 students who have approached their Pre-Public Examinations (PPEs) with focus and determination. Their hard work and commitment have been truly commendable, and we are confident that this preparation will stand them in good stead for the final exams. The **PPEs conclude on the 20th of March**, and we continue to keep Year 11 in our prayers during this important time. Looking ahead, we have some key events approaching:

**Year 9 Parents' Evening** will take place on the **20th of March** — a vital opportunity for discussions around progress and future choices. Following this, **internal Sixth Form interviews** are scheduled for **24th March - 4th April**. Finally, a reminder that the deadline for **Year 9 options** is the **31st of March**. Please ensure all forms are completed and returned by this date so we can support every child in making the best choices for their future.

As we continue this Lenten journey, let us keep in our prayers all those who are in need — in our school community and beyond. May we approach this season with open hearts, a spirit of service, and a renewed commitment to faith and love.

Thank you, as always, for your support and partnership.

With every blessing,  
Carolyn Laws

FIND OUT WHAT  
ELSE HAS BEEN  
HAPPENING THIS  
WEEK ON OUR  
SOCIAL MEDIA  
@HFCSWALTHAM



# HFCS BULLETIN

*Weekly bulletin for parents & carers*

TIMETABLE: WEEK 1

## Headteacher's Update

Dear Parent or Guardian,

We are pleased to invite your child to join our LAMDA afterschool club for the upcoming term.

### What is LAMDA?

LAMDA is a world-class drama school in London that offers exams resulting in qualifications in both Speech and Drama that are recognized around the world through their Speech and Communications Board overseen by OFQUAL.

### What are the benefits of LAMDA?

- Helps to increase self-confidence
- Improve presentation and communication skills, valuable for interviews
- Extra qualifications and UCAS points
- Develop creativity and the opportunity to explore a range of texts

### LAMDA afterschool club

This fun and supportive program offers young performers the chance to explore acting, drama, and public speaking, led by professional instructors. Held weekly for one hour, students will build skills in voice technique, self-expression, body language and teamwork—no experience needed!

### LAMDA private lessons (within school hours)

These tailored private lessons are available for individuals or pairs, led by experienced professionals. Held weekly for 30 minutes, they offer personalised support in acting, drama, and public speaking, helping students build confidence, creativity, and communication skills. Students can also work towards LAMDA exams, earning valuable qualifications and UCAS points to support their future ambitions.

When will lessons take place? On Wednesdays on the following dates:

February	26th
March	5th, 12th, 19th, 26th
April	2nd

### What is the cost?

£9 per week for the afterschool club. (£54 per half term)

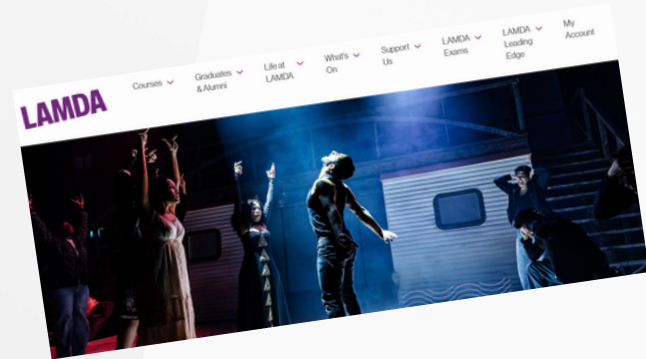
£16 +VAT per week for private duo lessons. (£115.20 per half term)

£21 +VAT per week for private solo lessons. (£151.20 per half term)

Exams will be available for those taking private lessons and can be taken once a year. This usually costs between £35-55.

Places are limited and are strictly on a first come first served basis. If you would like to secure your child's spot, please visit: <https://teachmajor.classforkids.io/venue/19/holy-family-catholic-school>

If you are interested in the classes but are worried about finances, please contact [ms.hampshire@holycatholicfamilycatholic.co.uk](mailto:ms.hampshire@holycatholicfamilycatholic.co.uk) who will be able to advise about applying for supported payment options.



Classes running in Holy Family Catholic School

**West End In - LAMDA - Spring Term 2**  
Wed 26th Feb 2025 - Wed 2nd Apr 2025

Day	Time	Venue	Class	
Wed	9:00am - 3:10pm	Holy Family Catholic School	Lamda Solo Lessons (7 - 16yrs)	<a href="#">Info &amp; Booking</a>
	9:00am - 3:10pm	Holy Family Catholic School	Lamda Duo Lessons (7 - 16yrs)	<a href="#">Info &amp; Booking</a>
	3:30pm - 4:30pm	Holy Family Catholic School	Lamda After School Club (11 - 16yrs)	<a href="#">Info &amp; Booking</a>

# LAMDA

We are very excited to invite you to the inaugural International Women's Day event at The Trades Hall & Institute in Walthamstow.

This is the first time we have hosted an event like this so we will need your support to help us spread the word and invite our friends and family to the event.

## Highlights

- **Photo booth** - details to be confirmed. Available all day
- **The Walthamstow Welcome - 12 Noon until 4pm** - crafting sessions. **Donation of £10**
- **1pm - Seated Hip Hop Class** with Charlie from The Blair Academy - FREE
- **2pm - Singing session** with Lizzy from Natural Voices Choir - FREE
- **3pm - Bollywood class** with Mevy from Bolly X - FREE
- **Suzie Cakes** - delicious cakes to tempt you
- Jacqueline Grant from **Waltham Forest Women's Network**
- Patty Gurman from **Sweet Paper Creations**
- More stalls to be confirmed.
- **She17 Takeover** - Doors Open at **7.30pm FREE** to members and **£5** for guests.

@TRADES E17

## INTERNATIONAL WOMEN'S DAY 2025



CELEBRATE INTERNATIONAL WOMEN'S DAY AT WALTHAMSTOW TRADES HALL . DAYTIME COMMUNITY EVENT WITH WORKSHOPS, STALLS AND CRAFTS. EVENING EVENT CURATED BY SHE17 PROMOTING WOMEN'S TALENT IN WALTHAM FOREST.

<b>12 NOON TO 5PM- DAYTIME</b> <ul style="list-style-type: none"><li>• BLAIR ACADEMY</li><li>• MEVY, BOLLY X</li><li>• NATURAL VOICES</li><li>• WALTHAMSTOW WELCOME</li><li>• AND MUCH MORE ....</li></ul>	<b>7.30PM SHE17 TAKEOVER</b> <ul style="list-style-type: none"><li>• THE ONDINES</li><li>• MORE PEAS</li><li>• KIMMI WATSON &amp; FAM</li><li>• ICH BIN FINN</li></ul>
--	--

**ALL WELCOME**      **SATURDAY 8TH MARCH 2025**  
TRADESE17 | TOWER HAMLETS ROAD, E17 4RQ

[WALTHAMSTOWTRADESHALL.COM](http://WALTHAMSTOWTRADESHALL.COM)

## Links for Tickets

- IWD Daytime - [https://ticketlab.co.uk/event/id/30454#/  
/](https://ticketlab.co.uk/event/id/30454#/)
- She17 Music Takeover - Link in Bio at [https://www.instagram.com/she17music/  
/](https://www.instagram.com/she17music/)

## Social Media

- Please follow @TradesE17 on Instagram.
- Follow on Facebook <https://www.facebook.com/walthamstowtradeshall>
- Please RT and help spread the word.



## WALTHAMSTOW TRADES HALL



[WHAT'S ON](#)   JOIN   HIRE   ACCESS   ABOUT   CONTACT  
COMMITTEE